Course Description

The purpose of this course is to introduce concepts that can help building designers, owners, and state and local governments mitigate the threat of hazards resulting from terrorist attacks on new buildings. This primer specifically addresses four high-population, private-sector building types:

1. Commercial office
2. Retail
3. Multi-family residential
4. Light industrial

However, many of the concepts presented here are applicable to other building types and/or existing buildings. The focus is on explosive attack, but the text also addresses design strategies to mitigate the effects of chemical, biological, and radiological attacks. All of the information, unless otherwise noted, was taken from the Federal Emergency Management Agency (FEMA) Website.

Chapters

- Chapter One: Weapons Effects and Building Damage and Design Approach
- Chapter Two: Site Location and Architectural Layout
- Chapter Three: Structural Protection
- Chapter Four: Building Envelope and Mechanical and Electrical Systems
- Chapter Five: Chemical, Biological, And Radiological Protection
- Chapter Six: Occupancy Types and Cost Considerations

Learning Objectives

Upon completion of this course, the participant will be able to:

- Address types of terrorist threats including chemical, biological and radiological threats
- Understand an explosive attack and the ways it can be delivered
- Comprehend how an explosive force occurs and how damage levels are predicted
- Identify the goals of the design approach
- Understand the importance of site location and layout
- Explain the importance of a perimeter line and controlled access zones
- Comprehend what can be done architecturally to mitigate the effects of a terrorist bombing on a facility
- Define the three ways to approach the structural design of buildings to mitigate damage due to progressive collapse
- List and describe the desirable structural characteristics for a building
- Understand the structural measures that enhance a structure’s robustness
- Describe the levels of damage computed by means of analysis
- Identify ways to enhance roof, floor and interior and exterior structures
- Describe the importance of the exterior wall
- Identify the significance of window design, including the glass design and mullion design
- Be able to discuss the design of doors, louvers and other openings
- Discuss specific recommendations for mechanical and electrical systems
- Understand options for emergency power systems
- Identify the emergency elevator system
- Discuss three types of airborne hazards
- Grasp the importance of air intake systems and return air systems, and their locations
- Identify vulnerable internal areas where hazards may be brought into a building
- Describe an HVAC system, how to zone an HVAC system, and the benefits of using the system
- Understand the importance of a detection system
- Recognize multi-family residential building and the types of occupants
- Discuss the unique features of commercial retail space occupancy and the challenges associated with them
- Understand the two types of initial construction costs
- Describe the setting of priorities if the initial cost of construction is too high
Chapter One:
Weapons Effects and Building Damage and Design Approach

Overview

- Introduction
- Overview of Possible Threats
- Explosive Attacks
- Description of Explosion Forces
- Predicting Damage Levels
- Damage Mechanisms
- Correlation Between Damage And Injuries
- Goals of the Design Approach
- Security Principles
- Summary

Learning Objectives

- Address types of terrorist threats including chemical, biological and radiological threats
- Understand an explosive attack and the ways it can be delivered
- Comprehend how an explosive force occurs and how damage levels are predicted
- Identify the goals of the design approach

Introduction

Designing security into a building requires a complex series of tradeoffs. Security concerns need to be balanced with many other design constraints, such as accessibility, initial and life-cycle costs, natural hazard mitigation, fire protection, energy efficiency, and aesthetics. Because the probability of attack is very small, security measures should not interfere with daily operations of the building. On the other hand, because the effects of attack can be catastrophic, it is prudent to incorporate measures that may save lives and minimize business interruption in the unlikely event of an attack. The measures should be as unobtrusive as possible to provide an inviting, efficient environment that does not attract undue attention from potential attackers. Security design needs to be part of an overall multi-hazard approach to ensure it does not worsen the behavior of the building in the event of a fire, earthquake, or hurricane, all of which are far more probable hazards than terrorist attacks.

Because of the severity of the types of hazards discussed, the goals of security-oriented design are by necessity modest. With regard to explosive attacks, the focus is on a damage-limiting or damage-mitigating approach, rather than a blast-resistant approach. The goal is to incorporate some reasonable measures to enhance the safety of persons within the building and facilitate rescue efforts in the unlikely event of attack.

It is clear that building owners are becoming interested in considering manmade hazards for a variety of reasons, including the desire to:

- attract more tenants or a particular type of tenant
- lower insurance premiums or obtain high-risk insurance
- reduce life-cycle costs for operational security measures
- limit losses and business interruption

Overview of Possible Threats

This chapter addresses several types of terrorist threats, which are listed below.
Explosive Threats:
• Vehicle weapon
• Hand-delivered weapon

Airborne Chemical, Biological, and Radiological Threats:
• Large-scale, external, air-borne release
• External release targeting building
• Internal release

Although it is possible the dominant threat mode may change in the future, bombings have historically been a favorite tactic of terrorists. Ingredients for homemade bombs are easily obtained on the open market, as are the techniques for making bombs. Bombings are easy and quick to execute. Finally, the dramatic component of explosions, in terms of the sheer destruction they cause, creates a media sensation that is highly effective in transmitting terrorists’ message to the public.

Explosive Attacks

From the standpoint of structural design, the vehicle bomb is the most important consideration. Vehicle bombs are able to deliver a sufficiently large quantity of explosives to cause potentially devastating structural damage. Security design intended to limit or mitigate damage from a vehicle bomb assumes the bomb is detonated at a so-called critical location (see Figure 2-1). The critical location is a function of the site, the building layout, and the security measures in place. For a vehicle bomb, the critical location is taken to be at the closest point which a vehicle can approach, assuming all security measures are in place. This may be a parking area directly beneath the occupied building, the loading dock, the curb directly outside the facility, or at a vehicle-access control gate where inspection takes place, depending on the level of protection incorporated into the design.

Another explosive attack threat is the small bomb that is hand delivered. Small weapons can cause the greatest damage when brought into vulnerable, unsecured areas of the building interior, such as the building lobby, mail room, and retail spaces. Recent events around the world make it clear there is an increased likelihood bombs will be delivered by persons who are willing to sacrifice their own lives. Hand carried explosives are typically on the order of five to ten pounds of TNT equivalent. However, larger charge weights, in the 50 to 100 pounds TNT equivalent range, can be readily carried in rolling cases. Mail bombs are typically less than ten pounds of TNT equivalent.

In general, the largest credible explosive size is a function of the security measures in place. Each line of security may be thought of as a sieve, reducing the size of the weapon able to gain access. Therefore, the largest weapons are considered in totally unsecured public space (e.g., in a vehicle on the nearest public street), and the smallest weapons are considered in the most secured areas of the building (e.g., in a briefcase smuggled past the screening station).

Two parameters define the design threat:
• The weapon size, measured in equivalent pounds of TNT
• The standoff: the distance measured from the center of gravity of the charge to the component of interest

The design weapon size is usually selected by the owner in collaboration with security and protective design consultants (i.e., engineers who specialize in the design of structures to mitigate the effects of explosions). Although there are few unclassified sources giving the sizes of weapons that have been used in previous attacks throughout the world, security consultants have valuable information that may be used to evaluate the range of charge weights that might be reasonably considered for the intended occupancy. Security consultants draw upon the experience of other countries, such as Great Britain and Israel, where ter-
Terrorist attacks have been more prevalent, as well as data gathered by U.S. sources.

To put the weapon size into perspective, it should be noted that thousands of deliberate explosions occur every year within the United States, but the vast majority have weapon yielding less than five pounds. The number of large-scale vehicle weapon attacks that have used hundreds of pounds of TNT during the past twenty years is very small by comparison.

The design vehicle weapon size will usually be much smaller than the largest credible threat. The design weapon size is typically measured in hundreds of pounds rather than thousands of pounds of TNT equivalent. The decision is usually based on a trade-off between the largest credible attack directed against the building and the design constraints of the project. Further, it is common for the design pressures and impulses to be less than the actual peak pressures and impulses acting on the building. This is the approach that the federal government has taken in their design criteria for federally owned domestic office buildings. There are several reasons for this choice:

1. The likely target is often not the building under design, but a high risk building that is nearby. Historically, more building damage has been due to collateral effects than direct attack.

2. It is difficult to quantify the risk of man-made hazards. However, qualitatively it may be stated that the chance of a large-scale terrorist attack occurring is extremely low. A smaller explosive attack is far more likely.

3. Providing a level of protection that is consistent with standards adopted for federal office buildings enhances opportunities for leasing to government agencies in addition to providing a clear statement to other potential tenants regarding the building’s safety.

4. The added robustness inherent in designing for a vehicle bomb of moderate size will improve the performance of the building under all explosion scenarios.

Description of Explosion Forces

An explosion is an extremely rapid release of energy in the form of light, heat, sound, and a shock wave. The shock wave consists of highly compressed air that wave-reflects off the ground surface to produce a hemispherical propagation of the wave that travels outward from the source at supersonic velocities (see Figure 2-1). As the shock wave expands, the incident or over-pressures decrease. When it encounters a surface that is in line-of-sight of the explosion, the wave is reflected, resulting in a tremendous amplification of pressure. Unlike acoustical waves, which reflect with an amplification factor of two, shock waves can reflect with an amplification factor of up to thirteen, due to the supersonic velocity of the shock wave at impact. The magnitude of the reflection factor is a function of the proximity of the explosion and the angle of incidence of the shock wave on the surface.

The pressures decay rapidly with time (i.e., exponentially), measured typically in thousandths of a second (milliseconds). Diffraction effects, caused by building features such as re-entrant corners and overhangs of the building, may act to confine the air blast and prolong its duration. Late in the explosive event, the shock wave becomes negative, followed by a partial vacuum, which creates suction behind the shock wave (see Figure 3-1). Immediately following the vacuum, air rushes in, creating a powerful wind, or drag pressure, on all surfaces of the building. This wind picks up and carries flying debris in the vicinity of the detonation. In an external explosion, a portion of the energy is also imparted to the ground, creating a crater and generating a ground shock wave analogous to a high-intensity, short-duration earthquake.

The peak pressure is a function of the weapon size or yield, and the cube of the distance (see Figure 3-2). For an explosive threat defined by its charge weight and standoff, the peak incident and reflected pressures of the shock wave and other useful parameters, such as the incident, and reflected impulse, shock velocity, and time of arrival are evaluated using charts available in military handbooks.
Predicting Damage Levels

The extent and severity of damage and injuries in an explosive event cannot be predicted with perfect certainty. Past events show the specifics of the failure sequence for an individual building, due to air blast effects and debris, impact, significantly affect the overall level of damage.

For instance, two adjacent columns of a building may be roughly the same distance from the explosion. Only one fails, though, as a result of being struck by a fragment in a particular way, which initiates collapse. The other, by chance, is not struck and remains in place. Similarly, glass failures may occur outside the predicted areas, due to air-blast diffraction effects, caused by the arrangement of buildings and their heights in the vicinity of the explosion. The details of the physical setting surrounding a particular occupant may greatly influence the level of injury incurred. The position of the person, seated or standing, facing towards or away from the event as it happens, may result in injuries ranging from minor to severe.

Despite these uncertainties, it is possible to calculate the extent of damage and injuries to be expected in an explosive event, based on the size of the explosion, distance from the event, and assumptions about the construction of the building. Additionally, there is strong evidence to support a relationship between injury patterns and structural damage patterns.

Damage Mechanisms

Damage due to the air-blast shock wave may be divided into direct air-blast effects and progressive collapse.

Direct air-blast effects are damage caused by the high-intensity pressures of the air blast close to the explosion. These may induce localized failure of exterior walls, windows, roof systems, floor systems, and columns.

Progressive collapse refers to the spread of an initial local failure from element to element, eventually resulting in a disproportionate extent of collapse relative to the zone of initial damage. Localized damage due to direct air-blast effects may or may not progress, depending on the design and construction of the building. To produce a progressive collapse, the weapon must be in close proximity to a critical load-bearing element. Progressive collapse can propagate vertically upward or downward (e.g., Ronan Point1) from the source of the explosion, and it can propagate laterally from bay to bay as well.

The pressures that an explosion exerts on building surfaces may be several orders of magnitude greater than the loads for which the building is designed. The shock wave also acts in directions that the building may not have been designed for, such as upward pressure on the floor system. In terms of sequence of response, the air blast first impinges on the exterior envelope of the building. The pressure wave pushes on the exterior walls and may cause wall failure and window breakage. As the shock wave continues to expand, it enters the structure, pushing both upward on the ceilings and downward on the floors (see Figure 4-1).
Floor failure is common in large-scale, vehicle-delivered, explosive attacks, because floor slabs typically have a large surface area for the pressure to act on and a comparably small thickness. Floor failure is particularly common for close-in and internal explosions. The loss of a floor system increases the unbraced height of the supporting columns, which may lead to structural instability.

For hand-carried weapons that are brought into the building and placed on the floor away from a primary vertical load-bearing element, the response will be more localized, with damage and injuries extending a bay or two in each direction (see Figure 4-2). Although the weapon is smaller, the air-blast effects are amplified due to multiple reflections from interior surfaces. Typical damage types that may be expected include:

- localized failure of the floor system immediately below the weapon
- damage and possible localized failure of the floor system above the weapon
- damage and possible localized failure of nearby concrete and masonry walls
- failure of nonstructural elements such as partition walls, false ceilings, ductwork, window treatments
- flying debris generated by furniture, computer equipment, and other contents

More extensive damage, possibly leading to progressive collapse, may occur if the weapon is strategically placed directly against a primary load-bearing element, such as a column.

In comparison to other hazards, such as earthquake or wind, an explosive attack has several distinguishing features, listed below.

- The intensity of the localized pressures acting on building components can be several orders of magnitude greater than these natural hazards. It is not uncommon for the peak pressure on the building from a vehicle weapon parked along the curb to be in excess of 100 psi. Major damage and failure of building components is expected, even for relatively small weapons in close proximity to the building.

- Explosive pressures decay extremely rapidly with distance from the source. Pressures acting on the building, particularly on the side facing the explosion, may vary significantly, causing a wide range of damage types. As a result, air blasts tend to cause more localized damage than other hazards that have a more global effect.

- The duration of the event is very short, measured in thousandths of a second (milliseconds). In terms of timing, the building is engulfed by the shockwave, and direct air-blast damage occurs within tens to hundreds of milliseconds from the time of detonation, due to the supersonic velocity of the shock wave and the nearly instantaneous response of the structural elements. By comparison, earthquake events last for seconds and wind loads may act on the building for minutes or longer.

**Figure 4-1** Schematic showing sequence of building damage due to a vehicle weapon

**Figure 4-2** Schematics showing sequence of building damage due to a package weapon
Correlation between Damage and Injuries

Three types of building damage can lead to injuries and possible fatalities. The most severe building response is collapse. In past incidents, collapse has caused the most extensive fatalities. For the Oklahoma City bombing in 1995 (see Figure 4-3), nearly 90 percent of the building occupants who lost their lives were in the collapsed portion of the Alfred P. Murrah Federal Office Building. Many of the survivors in the collapsed region were on the lower floors and had been trapped in void spaces under concrete slabs.

Although the targeted building is at greatest risk of collapse, other nearby buildings may also collapse. For instance, in the Oklahoma City bombing, a total of nine buildings collapsed. Most of these were unreinforced masonry structures that, fortunately, were largely unoccupied at the time of the attack. In the bombing of the U.S. embassy in Nairobi, Kenya in 1998, the collapse of the Uffundi building, a concrete building adjacent to the embassy, caused hundreds of fatalities.

For buildings that remain standing, the second most severe type of injury-producing damage is flying debris generated by exterior cladding. Depending on the severity of the incident, fatalities may occur as a result of flying structural debris. Some examples of exterior wall failure causing injuries are listed below.

- In the Oklahoma City bombing, several persons lost their lives after being struck by structural debris generated by infill walls from the concrete frame Water Resources building across the street from the Murrah building.
- In the Khobar Towers bombing in 1996 (see Figure 4-4), most of the 19 U.S. servicemen who lost their lives were impacted by high velocity projectiles created by the failed exterior cladding on the wall that faced the weapon. The building was an all-precast, reinforced concrete structure with robust connections between the slabs and walls. The numerous lines of vertical support, along with the ample lateral stability provided by the “egg crate” configuration of the structural system, prevented collapse.

Even if the building remains standing and no structural damage occurs, extensive injuries can occur due to nonstructural damage (see Figure 4-5). Typically, for large-scale incidents, these types of injuries occur to persons who are in buildings that are within several blocks of the incident. Although these injuries are often not life-threatening, many people can be affected, which has an impact on the ability of local medical resources to adequately respond. An example of nonstructural damage causing injuries is the extensive glass lacerations that occurred in the Oklahoma City Bombing within the Regency Towers apartment building, which was approximately 500 feet from the

**Figure 4-3** Exterior view of Alfred P. Murrach Federal Building collapse

**Figure 4-4** Exterior view of Khobar Towers exterior wall failure

**Figure 4-5** Exterior view of Regency Towers exterior wall failure

Designing Buildings to Mitigate Terrorist Attacks
Murrah Building. In this incident, glass laceration injuries extended as far as 10 blocks from the bombing. Another example is the bombing of the U.S. embassy in Nairobi, Kenya. The explosion occurred near one of the major intersections of the city, which was heavily populated at the time of the bombing, causing extensive glass lacerations to pedestrians. The ambassador, who was attending a meeting at an office building across from the embassy, sustained an eye injury as a result of extensive window failure in the building.

A summary of the relationship between the type of damage and the resulting injuries is given in Table 4-1.

**Table 4-1: Damage and Injuries due to Explosion Effects**

<table>
<thead>
<tr>
<th>Distance from Explosion</th>
<th>Most Severe Building Damage Expected</th>
<th>Associated Injuries</th>
</tr>
</thead>
<tbody>
<tr>
<td>Close-in</td>
<td>General Collapse</td>
<td>Fatality due to impact and crushing</td>
</tr>
<tr>
<td>Moderate</td>
<td>Exterior wall failure, exterior bay floor slab damage</td>
<td>Skull fracture, concussion</td>
</tr>
<tr>
<td>Far</td>
<td>Window breakage, falling light fixtures, flying debris</td>
<td>Lacerations from flying glass, abrasions from being thrown against objects or objects striking occupants</td>
</tr>
</tbody>
</table>

**Goals of the Design Approach**

It is impractical to design a civilian structure to remain undamaged from a large explosion. The protective objectives are, therefore, related to the type of building and its function. For an office, retail, residential, or light industrial building where the primary asset is the occupants, the objective is to minimize loss of life.

Because of the severity of large scale explosion incidents, the goals are by necessity modest. Moreover, it is recognized that the building will be unusable after the event. This approach is considered a damage-limiting or damage-mitigating approach to design.

To save lives, the primary goals of the design professional are to reduce building damage and to prevent progressive collapse of the building, at least until it can be fully evacuated. A secondary goal is to maintain emergency functions until evacuation is complete.

The design professional is able to reduce building damage by incorporating access controls that allow building security to keep large threats away from the building and to limit charge weights that can be brought into the building.

Preventing the building from collapsing is the most important objective. Historically, the majority of fatalities that occur in terrorist attacks directed against buildings are due to building collapse. Collapse prevention begins with awareness by architects and engineers that structural integrity against collapse is important enough to be routinely considered in design. Features to improve general structural resistance to collapse can be incorporated into common buildings at affordable cost. At a higher level, designing the building to prevent progressive collapse can be accomplished by the alternate-path method (i.e., design for the building to remain standing following the removal of specific elements) or by direct design of components for air-blast loading.

Furthermore, building design may be optimized by facilitating evacuation, rescue, and recovery efforts through effective placement, structural design, and redundancy of emergency exits and critical mechanical/electrical systems. Through effective structural design, the overall damage levels may be reduced to make it easier for occupants to get out and emergency responders to safely enter.

Beyond the issues of preventing collapse and facilitating evacuation/rescue, the objective is to reduce flying debris generated by failed exterior walls, windows and other components to limit severe injuries and risk of fatalities. This may be accomplished through selection of appropriate materials and use of capacity-design
methods to proportion elements and connections. A well-designed system will provide predictable damage modes, selected to minimize injuries. Finally, good anti-terrorist design is a multidisciplinary effort requiring the concerted efforts of the architect, structural engineer, security professional, and the other design team members. It is also critical for security design to be incorporated as early as possible in the design process to ensure a cost-effective, attractive solution.

Security Principles

This section provides some fundamental security concepts that place physical security into the context of overall facility security. The components of security include deception, intelligence, operational protection, and structural hardening. These components are interrelated (see Figure 5-1).

Because of the interrelationship between physical and operational security measures, it is imperative for the owner and security professional to define early in the design process what extent of operational security is planned for various threat levels.

If properly implemented, physical security measures will contribute toward the goals listed below in prioritized order.

- Deterring attack. By making it more difficult to implement some of the more obvious attack scenarios (such as a parked car in the street) or making the target appear to be of low value in terms of the amount of sensation that would be generated if it were attacked, the would-be attacker may become discouraged from targeting the building. On the other hand, it may not be advantageous to make the facility too obviously protected or not protected; this may have the opposite of the intended effect and provide an incentive to attack the building.

- Delaying the attack. If an attack is initiated, properly designed landscape or architectural features can delay its execution by making it more difficult for the attacker to reach the intended target. This will give the security forces and authorities time to mobilize and possibly stop the attack before it is executed. This is done by creating a buffer zone between the publicly accessible areas and the vital areas of the facility by means of an obstacle course, a serpentine path and/or a division of functions within the facility. Alternatively, through effective design, the attacker could be enticed to a non-critical part of the facility, thereby delaying the attack.

- Mitigating the effects of the attack. If these precautions are implemented and the attack still takes place, structural protection efforts will serve to control the extent and consequences of damage. In the context of the overall security provided to the building, structural protection is a last resort that becomes effective only after all other efforts to stop the attack have failed. In the event of an attack, the benefits of enhancements to life-safety systems may be realized in lives saved.

An effective way to implement these goals is to create layers of security within the facility (see Figure 5-2). The outermost layer is the perimeter of the facility. Interior to this line is the approach zone to the facility, then the building exterior, and finally the building...
interior. The interior of the building may be divided into successively further protected zones, starting with publicly accessible areas, such as the lobby and retail space, to the more private areas of offices, and finally the vital functions, such as the control room and emergency functions. The advantage of this approach is even if one line of protection is breached, the facility is not completely compromised. Having multiple lines of defense provides redundancy to the security system, adding robustness to the design. Also, by using this approach, not all of the focus is on the outer layer of protection, which may lead to an unattractive, fortress-like appearance.

![Figure 5-2 Schematic showing line of defense against blast](image)

To provide a reliable design, each ring must have a uniform level of security provided along its entire length; security is only as strong as the weakest link.

To have a balanced design, both physical and operational security measures need to be implemented in the facility. Architects and engineers can contribute to an effective physical security system, which augments and facilitates the operational security functions. If security measures are left as an afterthought, expensive, unattractive, and make-shift security posts are the inevitable result. For more information on security, refer to FEMA 426 (Reference Manual to Mitigate Potential Terrorist Attacks in High-Occupancy Buildings).

**Summary**

In this chapter, we were introduced to the possible terrorist threats a building can receive. The most popular of these threats is explosive attacks, which were discussed at length. Next we examined ways to predict damage levels and damage mechanisms used. The correlation of damage level and injury was talked about as well. Finally, the goals of the design approach were touched upon briefly.
Chapter Two: Site Location and Architectural Layout

Overview

- Site location and layout
- Checklist – Site and Layout Design Guidance
- Architectural
- Summary

Learning Objectives

- Understand the importance of site location and layout
- Explain the importance of a perimeter line and controlled access zones
- Comprehend what can be done architecturally to mitigate the effects of a terrorist bombing on a facility

Site Location and Layout

Because air-blast pressures decrease rapidly with distance, one of the most effective means of protecting assets is to increase the distance between a potential bomb and the assets to be protected. The best way to do this is to provide a continuous line of security along the perimeter of the facility, to protect it from unscreened vehicles and to keep all vehicles as far away from critical assets as possible.

This section discusses the perimeter and the approach to the building. For discussions about building shape and placement on the site, see Section 6.2, Architectural.

Perimeter Line

The perimeter line of protection is the outermost line that can be protected by facility security measures. The perimeter needs to be designed to prevent carriers of large-scale weapons from gaining access to the site. In design, it is assumed all large-scale explosive weapons (i.e., car bombs or truck bombs) are outside this line of defense. This line is defended by both physical and operational security methods.

It is recommended the perimeter line be located as far as is practical from the building exterior. Many times, vulnerable buildings are located in urban areas where site conditions are tight. In this case, the options are obviously limited. Often, the perimeter line can be pushed out to the edge of the sidewalk by means of bollards, planters, and other obstacles. To push this line even further outward, restricting or eliminating parking along the curb can be arranged with the local authorities, but this can be a difficult and time consuming effort. In some cases, eliminating loading zones and closing streets/lanes may be options.

Controlled Access Zones

Access control refers to points of controlled access to the facility through the perimeter line. The controlled access check, or inspection points for vehicles, require architectural features or barriers to maintain the defensible perimeter. Architects and engineers can accommodate these security functions by providing adequate design for these areas, which makes it difficult for a vehicle to crash onto the site.
Deterrence and delay are major attributes of the perimeter security design that should be consistent with the landscaping objectives, such as emphasizing the open nature characterizing high-population buildings. Since it is impossible to thwart all possible threats, the objective is to make it difficult to successfully execute the easiest attack scenarios such as a car bomb detonated along the curb, or a vehicle jumping the curb and ramming into the building prior to detonation.

If space is available between the perimeter line and the building exterior, much can be done to delay an intruder. Examples include, terraced landscaping, fountains, statues, staircases, circular driveways, planters, trees, high-strength cables hidden in bushes and any number of other obstacles that make it difficult to rapidly reach the building. Though individually these features may not be able to stop a vehicle, in combination, they form a daunting obstacle course. Other ideas for implementing secure landscaping features may be found in texts on Crime Prevention through Environmental Design (CPTED). These concepts are useful for slowing down traffic, improving surveillance, and site circulation.

On the sides of the building that are close to the curb where landscaping solutions are limited, anti-ram barriers, capable of stopping a vehicle on impact, are recommended for high-risk buildings. Barrier design methods are discussed in more detail below.

The location of access points should be oblique to oncoming streets so that it is difficult for a vehicle to gain enough velocity to break through these access locations. If the site provides straight-on access to the building, some mitigation options include concrete medians in the street to slow vehicles or, for high-risk buildings, use of anti-ram barriers along the curb capable of withstanding the impact of high-velocity vehicles.

Place parking as far as practical from the building. Off-site parking is recommended for high-risk facilities vulnerable to terrorist attack. If onsite surface parking or underground parking is provided, take precautions, such as limiting access to these areas only to the building occupants and/or having all vehicles inspected in areas close-in to the building. If an underground area is used for a high-risk building, the garage should be placed adjacent to the building, under a plaza area, rather than directly underneath the building. To the extent practical, limit the size of vehicle that is able to enter the garage by imposing physical barriers on vehicle height.

Physical Protective Barriers

There are two basic categories of perimeter anti-ram barriers; passive (or fixed) and active (or operable). Each is described below.

Passive Barriers

Passive barriers are those that are fixed in place and do not allow for vehicle entry. These are to be used away from vehicle access points. The majority of these are constructed in place.

For lower-risk buildings without straight-on vehicular access, it may be appropriate to install surface-mounted systems, such as planters, or to use landscaping features to deter an intrusion threat. An example of a simple but effective landscaping solution is to install a deep permanent planter around the building, with a wall that is as high as a car or truck bumper.

Individual planters mounted on the sidewalk resist impact through inertia and friction between the planter and the pavement. It can be expected that the planter will move as a result of the impact. For a successful design, the maximum displacement of the planter should be less than the setback distance to the building. The structure supporting the weight of the planter must be considered prior to installation.

To further reduce displacement, the planter may be placed several inches below the pavement surface. A roughened, grouted interface surface will also improve performance.

The traditional anti-ram solution entails the use of bollards (see Figure 6-1). Bollards are concrete-filled steel pipes that are placed every few feet along the curb of a sidewalk to prevent vehicle intrusion. In order for them to resist the impact of a vehicle, the bollard needs to be fully embedded into a concrete strip foundation that is several feet deep. The height of the bollard above ground should be higher than
the bumper of the vehicle. The spacing of bollards is based on several factors including ADA (Americans with Disabilities Act) requirements, the minimum width of a vehicle, and the number of bollards required to resist the impact. As a rule of thumb, the center-to-center spacing should be between three and five feet to be effective. The height of the bollard is to be at least as high as the bumper of the design threat vehicle, which is typically between two and three feet.

**Figure 6-1** Schematic of typical anti-ram bollard

An alternative to a bollard is a plinth wall, which is a continuous knee wall constructed of reinforced concrete with a buried foundation (see Figure 6-2). The wall may be fashioned into a bench, a base for a fence, or the wall of a planter. To be effective, the height needs to be at least as high as the vehicle bumper.

For effectiveness, the barriers need to be placed as close to the curb as possible. However, the property line of buildings often does not extend to the curb. Therefore, to place barriers with foundations near the curb, a permit is required by the local authorities, which can be difficult and time-consuming to obtain. To avoid this, building owners are often inclined to place bollards along the property line, which significantly reduces the effectiveness of the barrier system.

The foundation of the bollard and plinth wall system can present challenges. There are sometimes vaults or basements below the pavement that extend to the property line, which often require special foundation details. Unless the foundation wall can sustain the reaction forces, significant damage may occur.

**Figure 6-2** Schematic of typical anti-ram knee wall

Below-ground utilities, which frequently are close to the pavement surface, can present additional problems. Their location may not be known with certainty, and this often leads to difficulties during construction. This also can be a strong deterrent to selecting barriers with foundations as a solution. However, for high-risk facilities, it is recommended these issues be resolved during the design phase, so a reliable anti-ram barrier solution can be installed. For lower-risk buildings without straight-on vehicular access, it may be more appropriate to install surface-mounted systems, such as planters, or to use landscaping features to deter an intrusion threat. An example of a simple but effective landscaping solution is to install a deep permanent planter around the building with a wall that is at least as high as a car or truck bumper.

**Active Systems**

At vehicular access points, active or operational anti-ram systems are required. There are off-the-shelf products available that have been rated to resist various levels of car and truck impacts. Solutions include:

- crash beams
- crash gates
- surface-mounted plate systems
- retractable bollards
- rotating-wedge systems

The first three systems listed above generally have lower impact ratings than the last two listed. Check with the manufacturer to ensure the system has been tested to meet the impact requirements for your project.
It is important that the installation of hydraulically operated systems be performed by a qualified contractor to ensure a reliable system that will work properly in all weather conditions.

**Effectiveness of Anti-Ram Barriers**

The effectiveness of an anti-ram barrier is based on the amount of energy it can absorb versus the amount of kinetic energy imparted by vehicle impact. The angle of approach reduces this energy in non-head-on situations, and the energy absorbed by the crushing of the vehicle also reduces the energy imparted to the barriers. The kinetic energy imparted to the wall is one-half the product of the vehicle mass and its impact velocity squared. Because the velocity term is squared, a change in velocity affects the energy level more than a change in vehicle weight. For this reason, it is important to review lines of approach to define areas where a vehicle has a long, straight road that can be used for picking up speed before impact.

The vehicle weight used for the design of barriers typically ranges from 4000 lbs. for cars up to 15,000 lbs. for trucks. Impact velocities typically range from 30 mph for oblique impact areas (i.e., where the oncoming street is parallel to the curb) up to 50 mph where there is straight-on access (i.e., where the oncoming street is perpendicular to the curb).

The kinetic energy of the vehicle at impact is absorbed by the barrier system. For fixed systems (like a concrete bollard), the energy is absorbed through the deformational strain energy absorbed by the barrier, soil, and the vehicle. For movable systems (like a surface-mounted planter) energy is absorbed through shear friction against the pavement and vehicle deformation.

Barrier effectiveness is ranked in terms of the amount of displacement of the system due to impact. Standard ratings defined by the federal government define the distance the vehicle travels before it is brought to rest. The most effective systems stop the vehicles within three feet. Moderately effective barriers stop the vehicle within 20 feet, and the least effective systems require up to 50 feet.

**Checklist – Site and Layout Design Guidance**

- Place vehicular access points away from oncoming streets.
- Limit the number of vehicular entrances through the secured perimeter line.
- Use a series of landscape features to create an obstacle course between the building and the perimeter. This approach is most effective if used in areas where there is ample setback.
- Design planters for the design-level impact to displace the planter a distance less than the setback.
- Use anti-ram barriers along curbs, particularly on sides of the building that have a small setback and in areas where high-velocity impact is possible.
- Use operable anti-ram barriers at vehicular access points. Select barriers rated to provide the desired level of protection against the design impact.

**Architectural**

There is much that can be done architecturally to mitigate the effects of a terrorist bombing on a facility. These measures often cost nothing, or very, little if implemented early in the design process. It is recommended that protective design and security consultants are used as early as possible in the design process. They should be involved in site selection, and their input should be sought during programming and schematic design.

**Building Exterior**

This section discusses the building shape, placement, and exterior ornamentation. For a discussion of exterior cladding, see Section 6.4, Building Envelope.

At the building exterior, the focus shifts from deterring and delaying the attack, to mitigating the effects of an explosion. The exterior envelope of the building is most vulnerable to an exterior explosive threat because it is the part of the building closest to the weapon, and it is typically built using brittle materials. It also is a critical line of defense for protecting the occupants of the building.

The placement of the building on the site can have a major impact on its vulnerability. Ideally, the building is placed as far from the property lines as possible. This applies not only to the sides that are adjacent to streets, but the sides that are adjacent to adjoining properties, since it is not certain who will occupy the neighboring properties during the life of the building. A common, but unfortu-
nate, practice is to create a large plaza area in front of the building, but to leave little setback on the sides and rear of the building. Though this practice may increase the monumental character of the building, it also increases the vulnerability of the other three sides.

The shape of the building can have a contributing effect on the overall damage to the structure (see Figure 6-3). Re-entrant corners and overhangs are likely to trap the shock wave and amplify the effect of the air blast. Note that large or gradual re-entrant corners have less effect than small or sharp re-entrant corners and overhangs. The reflected pressure on the surface of a circular building is less intense than on a flat building. When curved surfaces are used, convex shapes are preferred over concave shapes. Terraces that are treated as roof systems subject to downward loads require careful framing and detailing to limit internal damage to supporting beams.

Generally, simple geometries and minimal ornamentation (which may become flying debris during an explosion) are recommended, unless advanced structural analysis techniques are used. If ornamentation is used, it is preferable to use lightweight materials, such as timber or plastic, which are less likely than brick, stone, or metal to become lethal projectiles in the event of an explosion.

Soil can be highly effective in reducing the impact of a major explosive attack. Bermed walls and buried rooftops have been found to be highly effective for military applications and can be effectively extended to conventional construction. This type of solution can also be effective in improving the energy efficiency of the building. Note that if this approach is taken, no parking can be permitted over the building.

Interior courtyards or atriums are other concepts for bringing light and a natural setting to the building, without adding vulnerable openings to the exterior.

**Building Interior**

In terms of functional layout, unsecured areas, such as the lobby, loading dock, mail room, garage, and retail areas, need to be separated from the secured areas of the building. Ideally, these unsecured areas are placed exterior to the main building or along the edges of the building. For example, a separate lobby pavilion or loading dock area outside of the main footprint of the building (see Figure 6-4) provides enhanced protection against damage and potential building collapse in the event of an explosion at these locations. Similarly, placing parking areas outside the main footprint of the building can be highly effective in reducing the vulnerability to catastrophic collapse. If it is not possible to place vulnerable areas outside the main building footprint, they should be placed along the building exterior, and the building layout should be used to create internal “hard lines”, or buffer zones. Secondary stairwells, elevator shafts, corridors, and storage areas should be located between public and secured areas.
When determining whether secured and unsecured areas are adjacent to one another, consider the layout on each floor and the relationship between floors. Secured occupied or critical areas should not be placed above or below unsecured areas.

Adequate queuing areas should be provided in front of lobby inspection stations so visitors are not forced to stand outside during bad weather conditions or in a congested line inside a small lobby while waiting to enter the secured areas. Occupied areas or emergency functions should not be placed immediately adjacent to the lobby, but should be separated by a buffer area such as a storage area or corridor. The interior wall area and exposed structural columns in unsecured lobby areas should be minimized.

Vehicular queuing and inspection stations need to be accounted for in design of the loading docks and vehicle access points. These should be located outside the building along the curb or farther away. A parking lane may be used for this purpose.

Emergency functions and elevator shafts are to be placed away from internal parking areas, loading docks and other high-risk areas. In the 1993 World Trade Center bombing incident, elevator shafts became chimneys, transmitting smoke and heat from the explosion in the basement to all levels of the building. This hindered evacuation and resulted in smoke inhalation injuries.

False ceilings, light fixtures, Venetian blinds, ductwork, air conditioners, and other nonstructural components may become flying debris in the event of an explosion. Wherever possible it is recommended the design be simplified to limit these hazards. Placing heavy equipment, such as air conditioners, near the floor rather than the ceiling is one idea for limiting this hazard. Using fabric curtains or plastic vertical blinds rather than metal Venetian blinds, and using exposed ductwork as an architectural device are other ideas. Mechanically attaching light fixtures to the slab above, as is done in high seismic areas, is recommended.

Finally, the placement of furniture can have an effect on injury levels. Desks, conference tables, and other similar furniture should be placed as far from exterior windows facing streets as practical. Desks with computer monitors should be oriented away from the window to prevent injury due to impact of the monitor.

Checklist – Architectural

- Use simple geometries without sharp re-entrant corners.
- Use lightweight nonstructural elements to reduce flying debris hazards.
- Place the building on the site as far from the perimeter as practical.
- Place unsecured areas exterior to the main structure or along the exterior of the building.
- Separate unsecured and secured areas horizontally and vertically using buffer zones and/or hardening of walls and floors.
- Provide sufficient queuing areas at lobby and delivery entrances.
- Limit nonstructural elements such as false ceilings and metal blinds on the interior.
- Mechanically fasten light fixtures to the floor system above.
- Place desks and conference tables as far from exterior windows as practical.
- Orient desks with computer monitors to face away from windows so the chair back faces the window.

Summary

We were first introduced, in this chapter, to the site location and layout of a building. The perimeter line, access zones, and barriers were discussed in detail. Next, the architecture of the building was touched upon. The building exterior and interior were discussed in detail.
Chapter Three: Structural Protection

Overview
• Introduction
• Progressive Collapse
• Building Structural Systems
• Structural Layout
• Direct Design Methods
• Structural Elements
• Checklist – Structural
• Summary

Learning Objectives
• Define the three ways to approach the structural design of buildings to mitigate damage due to progressive collapse.
• List and describe the desirable structural characteristics for a building
• Understand the structural measures to enhance the robustness of the structure
• Describe the levels of damage computed by means of analysis
• Identify ways to enhance roof, floor, and interior and exterior structures

Introduction
Given the evolving nature of the terrorist threat, it is impossible to predict what threats may be of concern during the lifetime of the building. It is, therefore, prudent to provide protection against progressive collapse, initiated by a localized structural failure, caused by an undefined threat. Because of the catastrophic consequences of progressive collapse, incorporating these measures into the overall building design should be given the highest priority when considering structural design approaches for mitigating the effects of attacks.

Explicit design of secondary structural components to mitigate the direct effects of air blast enhances life safety by providing protection against localized failure, flying debris, and air blast entering the building. It may also facilitate evacuation and rescue by limiting the overall damage level and improving access by emergency personnel.

Specific issues related to structural protection measures are discussed separately in the sections below.

Progressive Collapse
ASCE-7 defines three ways to approach the structural design of buildings to mitigate damage due to progressive collapse. Each is described below with an emphasis on how the method is applied in the situation where explosive loads are the initiating cause of collapse.

Indirect Method: Consider incorporating general structural integrity measures throughout the process of structural system selection, layout of walls and columns, member proportioning, and detailing of connections to enhance overall structural robustness. In lieu of calculations demonstrating the effects of explosions on buildings, one may use an implicit design approach that incorporates measures to increase the overall robustness of the structure. These measures are discussed in the following sub-sections on structural systems, structural layout, and structural elements. This minimum standard is likely to be the primary method used for design of the type of buildings that are the focus of this primer.
Alternate-Load-Path Method: Localize response by designing the structure to carry loads by means of an alternate load path, in the event of the loss of a primary load-bearing component. The alternate-load path method has been selected by agencies, including the General Services Administration (GSA), as the preferred approach for preventing progressive collapse. This method provides a formal check of the capability of the structure to resist collapse, following the removal of specific elements, such as a building column at the building perimeter. The method does not require characterization of the explosive threat. The structural engineer can usually perform the necessary analysis, with or without guidance from a protective design consultant. However, the analysis is likely to benefit from advice of the protective design consultant regarding element loss scenarios that should be considered in design.

Specific Local-Resistance Method: Explicitly design critical vertical load-bearing building components to resist the design-level explosive forces. Explosive loads for a defined threat may be explicitly considered in design by using nonlinear dynamic analysis methods. These are discussed in the subsection on direct design methods, with additional information in the subsection on structural elements. Blast-mitigating structural design or hardening generally focuses on the structural members on the lower floor levels that are closest to defined stationary exterior vehicle weapon threats.

Useful references are provided at the end of this section that directly relate to progressive collapse prevention.

Building Structural Systems

In the selection of the structural system, consider both the direct effects of air-blast and the potential for progressive collapse, in the event a critical structural component fails. The characteristics of air-blast loading have been discussed previously. To resist the direct effects of air blast, the structural characteristics listed below are desirable.

- **Mass.** Lightweight construction is unsuitable for providing air-blast resistance. For example, a building with steel deck (without concrete fill) roof construction will have little air-blast resistance.

- **Shear Capacity.** Primary members and/or their connections should ensure flexural capacity is achieved prior to shear failure. Avoiding brittle shear failure significantly increases the structure’s ability to absorb energy.

- **Capacity for Reversing Loads.** Primary members and their connections should resist upward pressure. Certain systems, such as pre-stressed concrete, may have little resistance to upward forces. Seated connection systems for steel and pre-cast concrete may also have little resistance to uplift. The use of headed studs is recommended for affixing concrete fill over steel deck to beams for uplift resistance.

To reduce the risk of progressive collapse in the event of the loss of structural elements, the following structural traits below should be incorporated:

- **Redundancy.** The incorporation of redundant load paths in the vertical-load-carrying system helps ensure alternate load paths are available in the event of failure of structural elements.

- **Ties.** An integrated system of ties in perpendicular directions, along the principal lines of structural framing, can serve to redistribute loads during catastrophic events.

- **Ductility.** In a catastrophic event, members and their connections may have to maintain their strength while undergoing large deformations.

Historically, the preferred material for explosion-mitigating construction is cast-in-place reinforced concrete. This is the material used for military bunkers, and the military has performed extensive research and testing of its performance. Reinforced concrete has a number of attributes that make it the construction material of choice. It has significant mass, which improves response to explosions, because the mass is often mobilized only after the pressure wave is significantly diminished, reducing deformations. Members can be readily proportioned and reinforced for ductile behavior. The construction is unparalleled in its ability to achieve continuity between the members. Finally, concrete columns are less susceptible to global buckling in the event of the loss of a floor system.
Current testing programs are investigating the effectiveness of various conventional building systems. In general, though, the level of protection that may be achieved using these materials is lower than what is achieved using well-designed, cast-in-place, reinforced concrete. The performance of a conventional steel frame with concrete fill over metal deck depends on the connection details. Pre-tensioned or post-tensioned construction provides little capacity for abnormal loading patterns and load reversals. The resistance of load-bearing wall structures varies to a great extent. More information about the response of these systems is described in the subsection on structural elements and in the section on exterior cladding in Section 6.4, Exterior Envelope.

**Structural Layout**

To enhance the overall robustness of the structure, the measures listed below are recommended.

- In frame structures, column spacing should be limited. Large column spacing decreases likelihood the structure will be able to redistribute load in event of column failure.
- The exterior bay is the most vulnerable to damage, particularly for buildings that are close to public streets. It is also less capable of redistributing loads in the event of member loss, since two-way load distribution is not possible. It is desirable to have a shallow bay adjacent to the building exterior to limit the extent of damage.
- Use of transfer girders is strongly discouraged. Loss of a transfer girder or one of its supports can destabilize a significant area of the building. Transfer girders are often found at the building exterior to accommodate loading docks or generous entries, increasing their vulnerability to air-blast effects. It is highly desirable to add redundant transfer systems where transfer girders are required.
- In bearing-wall systems that rely primarily on interior cross-walls, interior longitudinal walls should be periodically spaced to enhance stability and to control the lateral progression of damage.
- In bearing-wall systems that rely on exterior walls, perpendicular walls or substantial pilasters should be provided at a regular spacing to control the amount of wall that is likely to be affected.

**Direct Design Methods**

The direct design approach (Figure 6-5) to be used for the structural protective measures is to first design the building for conventional loads, then evaluate the structure’s response to explosive loads and augment the design, if needed. Finally, the designer must make sure all conventional load requirements are still met. This approach ensures the design meets all the requirements for gravity and natural hazards, in addition to air-blast effects. Take note that measures taken to mitigate explosive loads may reduce the structure’s performance under other types of loads, and therefore an iterative approach may be needed. As an example, increased mass generally increases the design forces for seismic loads, whereas increased mass generally improves performance under explosive loads. Careful consideration between the protective design consultant and the structural engineer is needed to provide an optimized design.

Non-linear dynamic analysis techniques are similar to those currently used in advanced seismic analysis. Analytical models range from handbook methods to equivalent single-degree-of-freedom (SDOF) models to finite element (FE) representation. For SDOF and FE methods, numerical computation requires adequate resolution in space and time to account for the high-intensity, short-duration loading and non-linear response. Difficulties involve the selection of the
model and appropriate failure modes, and finally, the interpretation of the results for structural design details. Whenever possible, results are checked against data from tests and experiments for similar structures and loadings.

Charts are available that provide damage estimates for various types of construction, as a function of peak pressure and peak impulse, based on analysis or empirical data. Military design handbooks typically provide this type of design information.

Components such as beams, slabs, or walls can often be modeled by an SDOF system and the governing equation of motion solved by using numerical methods. There are also charts available in textbooks and military handbooks for linearly decaying loads, which provide the peak response and circumvent the need to solve differential equations. These charts require only knowledge of the fundamental period of the element, its ultimate resistance force, the peak pressure applied to the element, and the equivalent linear decay time to evaluate the peak displacement response of the system. The design of the anchorage and supporting structural system can be evaluated by using the ultimate flexural capacity obtained from the dynamic analysis.

For SDOF systems, material behavior can be modeled using idealized elastic, perfectly-plastic stress-deformation functions, based on actual structural support conditions and strain-rate-enhanced material properties. The model properties selected provide the same peak displacement and fundamental period as the actual structural system in flexure. Furthermore, the mass and the resistance functions are multiplied by mass and load factors, which estimate the actual portion of the mass or load participating in the deflection of the member along its span.

For more complex elements, the engineer must resort to finite-element numerical time integration techniques and/or explosive testing. The time and cost of the analysis cannot be ignored when choosing design procedures. Because the design process is a sequence of iterations, the cost of analysis must be justified in terms of benefits to the project and increased confidence in the reliability of the results. In some cases, an SDOF approach will be used for the preliminary design, and a more sophisticated approach using finite elements, and/or explosive testing may be used for the final verification of the design.

A dynamic, nonlinear approach is more likely than a static approach to provide a section that meets the design constraints of the project. Elastic static calculations are likely to give overly conservative design solutions if the peak pressure is considered without the effect of load duration. By using dynamic calculations instead of static, we are able to account for the very short duration of the loading. Because the peak pressure levels are so high, it is important to account for the short duration to properly model the structural response. In addition, the inertial effect included in dynamic computations greatly improves response. This is because by the time the mass is mobilized; the loading is greatly diminished, enhancing response. Furthermore, by accepting that damage occurs, it is possible to account for the energy absorbed by ductile systems through plastic deformation. Finally, because the loading is so rapid, it is possible to enhance the material strength to account for strain-rate effects.

In dynamic nonlinear analysis, response is evaluated by comparing the ductility (i.e., the peak displacement divided by the elastic limit displacement) and/or support rotation (the angle between the support and the point of peak deflection) to empirically established maximum values that have been established by the military through explosive testing. Note that these values are typically based on limited testing and are not well defined within the industry at this time. Maximum permissible values vary, depending on the material and the acceptable damage level.

Levels of damage computed by means of analysis may be described by the terms minor, moderate, or major, depending on the peak ductility, support rotation and collateral effects. A brief description of each damage level is given below.

**Minor**: Nonstructural failure of building elements, such as windows, doors, cladding, and false ceilings. Injuries may be expected, and fatalities are possible but unlikely.

**Moderate**: Structural damage is confined to a localized area and is usually repairable. Structural failure...
is limited to secondary structural members such as beams, slabs, and non-load-bearing walls. However, if the building has been designed for loss of primary members, localized loss of columns may be accommodated. Injuries and possible fatalities are expected.

**Major**: Loss of primary structural components, such as columns or transfer girders, precipitates loss of additional members that are adjacent to or above the lost member. In this case, extensive fatalities are expected. Building is usually not repairable.

Generally, moderate damage at the design threat level is a reasonable design goal for new construction.

**Structural Elements**

Because the effects of direct explosion decay rapidly with distance, the local response of structural components is the dominant concern. General principles governing the design of critical components are discussed below.

**Exterior Frame**

There are two primary considerations for the exterior frame. The first is to design exterior columns to resist the direct effects of the specified threats. The second is to ensure the exterior frame has sufficient structural integrity to accept localized failure without initiating progressive collapse. The former is discussed in this section, the latter in the sub-section on structural integrity. Exterior cladding and glazing issues are discussed in Section 6.4, Building Envelope.

Because columns do not have much surface area, airblast loads on columns tend to be mitigated by “clear-time effects”. This refers to the pressure wave washing around these slender tall members, and consequently, the entire duration of the pressure wave does not act upon them. On the other hand, the critical threat is directly across from them, so they are loaded with the peak reflected pressure, which is typically several times larger than the incident or overpressure wave that is propagating through the air.

For columns subjected to a vehicle weapon threat on an adjacent street, buckling and shearing are the primary effects to be considered in analysis. If a very large weapon is detonated close to a column, shattering of the concrete due to multiple tensile reflections within the concrete section can destroy its integrity.

Buckling is a concern if lateral support is lost due to the failure of a supporting floor system. This is particularly important for buildings that are close to public streets. In this case, exterior columns should be capable of spanning two or more stories without buckling. Slender steel columns are at substantially greater risk than are concrete columns.

Confinement of concrete using columns with closely spaced closed ties or spiral reinforcing will improve shear capacity, improve the performance of lap splices in the event of loss of concrete cover, and greatly enhance column ductility. The potential benefit from providing closely spaced closed ties in exterior concrete columns is very high, relative to the cost of the added reinforcement.

For steel columns, splices should be placed as far above grade level as practical. It is recommended that splices at exterior columns that are not specifically designed to resist air-blast loads employ complete-penetration welded flanges. Welding details, materials, and procedures should be selected to ensure toughness.

For a package weapon, column breach is a major consideration. Some suggestions for mitigating this concern are listed below.

- Do not use exposed columns that are fully or partially accessible from the building exterior. Arcade columns should be avoided.
- Use an architectural covering that is at least six inches from the structural member. This will make it considerably more difficult to place a weapon directly against the structure. Because explosive pressures decay so rapidly, every inch of distance will help to protect the column.

Load-bearing reinforced concrete wall construction can provide a considerable level of protection if adequate reinforcement is provided to achieve ductile behavior. This may be an appropriate solution for the parts of the building that are closest to the secured perimeter line (within twenty feet). Masonry is a much more brittle material that is capable of generating highly hazardous flying debris in the event of an ex-
plosion. Its use is generally discouraged for new construction.

Spandrel beams of limited depth generally do well when subjected to air blast. In general, edge beams are strongly encouraged at the perimeter of concrete slab construction to afford frame action for redistribution of vertical loads and to enhance the shear connection of floors to columns.

**Roof System**

The primary loading on the roof is the downward air-blast pressure. The exterior bay roof system on the side(s) facing an exterior threat is the most critical. The air-blast pressure on the interior bays is less intense, so the roof there may require less hardening. Secondary loads include upward pressure due to the air blast penetrating through openings and upward suction during the negative loading phase. The upward pressure may have an increased duration, due to multiple reflections of the internal air-blast wave. It is conservative to consider the downward and upward loads separately.

The preferred system is cast-in-place reinforced concrete with beams in two directions. If this system is used, beams should have continuous top and bottom reinforcement with tension lap splices. Stirrups to develop the bending capacity of the beams closely spaced along the entire span are recommended.

Somewhat lower levels of protection are afforded by conventional steel beam construction with a steel deck and concrete fill slab. The performance of this system can be enhanced by use of normal-weight concrete fill, instead of lightweight fill, increasing the gauge of welded wire fabric reinforcement and making the connection between the slab and beams with shear connector studs. Since it is anticipated the slab capacity will exceed that of the supporting beams, beam end connections should be capable of developing the ultimate flexural capacity of the beams to avoid brittle failure. Beam-to-column connections should be capable of resisting upward as well as downward forces.

Pre-cast and pre-/post-tensioned systems are generally considered less desirable, unless members and connections are capable of resisting upward forces generated by rebound from the direct pressure, and/or the suction from the negative pressure phase of the air blast.

Concrete flat slab/plate systems are also less desirable because of the potential of shear failure at the columns. When flat slab/plate systems are used, they should include features to enhance their punching shear resistance. Continuous bottom reinforcement should be provided through columns in two directions to retain the slab in the event that punching shear failure occurs. Edge beams should be provided at the building exterior.

Lightweight systems, such as un-topped steel deck or wood frame construction, are considered to afford minimal resistance to air-blast. These systems are prone to failure, due to their low capacity for downward and uplift pressures.

**Floor System**

The floor system design should consider three possible scenarios: air blast loading, redistributing load in the event of loss of a column or wall support below, and the ability to arrest debris falling from the floor or roof above.

For structures in which the interior is secured against bombs of moderate size by package inspection, the primary concern is the exterior bay framing. For buildings that are separated from a public street only by a sidewalk, the uplift pressures from a vehicle weapon may be significant enough to cause possible failure of the exterior bay floors for several levels above ground. Special concern exists in the case of vertical irregularities in the architectural system, either where the exterior wall is set back from the floor above or where the structure steps back to form terraces. The recommendations of Section 6.3.5.2 for roof systems apply to these areas.

Structural hardening of floor systems above unsecured areas of the building, such as lobbies, loading docks, garages, mailrooms, and retail spaces, should be considered. In general, critical or heavily occupied areas should not be placed underneath unsecured areas, since it is virtually impossible to prevent localized breach in conventional construction from package weapons placed on the floor.

Pre-cast panels are problematic because of their ten-
dency to fail at the connections. Pre-/post-tensioned systems tend to fail in a brittle manner if stressed much beyond their elastic limit. These systems are also not able to accept upward loads without additional reinforcement. If pre-/post-tensioned systems are used, continuous mild steel needs to be added to the top and the bottom faces to provide the ductility needed to resist explosion loads.

Flat slab/plate systems are also less desirable because of limited two-way action and the potential for shear failure at the columns. When flat slab/plate systems are employed, they should include features to enhance their punching shear resistance, and continuous bottom reinforcement should be provided across columns to resist progressive collapse. Edge beams should be provided at the building exterior.

**Interior Columns**

Interior columns in unsecured areas are subject to many of the same issues as exterior columns. If possible, columns should not be accessible within these areas. If they are accessible, then obscure their location or impose a standoff to the structural component through the use of cladding. Methods of hardening columns (already discussed under Section 6.3.5.1, Exterior Frame) include using closely spaced ties, spiral reinforcement, and architectural covering at least six inches from the structural elements. Composite steel and concrete sections or steel plating of concrete columns can provide higher levels of protection. Columns in unsecured areas should be designed to span two or three stories without buckling in the event the floor below and possibly above the detonation area have failed, as previously discussed.

**Interior Walls**

Interior walls surrounding unsecured spaces are designed to contain the explosive effects within the unsecured areas. Ideally, unsecured areas are located adjacent to the building exterior so the explosive pressure may be vented outward as well.

Fully grouted CMU (concrete masonry unit) block walls that are well reinforced vertically, horizontally and adequately supported laterally are a common solution. Anchorage at the top and bottom of walls should be capable of developing the full flexural capacity of the wall. Lateral support at the top of the walls may be achieved using steel angles anchored into the floor system above. Care should be taken to terminate bars at the top of the wall with hooks or heads, and to ensure the upper course of block is filled solid with grout. The base of the wall may be anchored by reinforcing bar dowels.

Interior walls can also be effective in resisting progressive collapse if they are designed properly with sufficient load-bearing capacity and are tied into the floor systems below and above.

This design for hardened interior wall construction is also recommended for primary egress routes to protect against explosions, fire, and other hazards trapping occupants.

### Checklist – Structural

- Incorporate measures to prevent progressive collapse.
- Design floor systems for uplift in unsecured areas and in exterior bays that may pose a hazard to occupants.
- Limit column spacing.
- Avoid transfer girders.
- Use two-way floor and roof systems.
- Use fully grouted, heavily reinforced CMU block walls that are properly anchored in order to separate unsecured areas from critical functions and occupied secured areas.
- Use dynamic nonlinear analysis methods for design of critical structural components.

**Summary**

Chapter three began with an introduction of progressive collapse and the methods which could cause it to happen. Next, building structural systems were talked about, including mass, shear capacity and capacity for reverse loads. The importance of the structural layout of a building was discussed in detail, including the roof, floors and interior and exterior columns.
Chapter Four: Building Envelope and Mechanical and Electrical Systems

Overview

- Exterior Wall/Cladding Design
- Window Design
- Other Openings
- Checklist – Building Envelope
- Emergency Egress Routes
- Emergency Power System
- Fuel Storage
- Transformers
- Ventilation Systems
- Fire Control Center
- Smoke and Fire Detection and Alarm System
- Sprinkler/Standpipe System
- Smoke-Control Systems
- Checklist - Mechanical and Electrical Systems
- Communication System
- Summary

Learning Objectives

- Describe the importance of the exterior wall
- Identify the significance of the window design, including glass design and mullion design
- Be able to discuss the design of doors, louvers and other openings
- Understand specific recommendations for mechanical and electrical systems
- Understand options for emergency power systems
- Identify the emergency elevator system

Exterior Wall/Cladding Design

The exterior walls provide the first line of defense against the intrusion of air-blast pressure and hazardous debris into the building. They are subject to direct reflected pressures from an explosive threat located directly across from the wall, along the secured perimeter line. If the building is more than four stories high, it may be advantageous to consider the reduction in pressure with height due to the increased distance and angle of incidence. The objective of design, at a minimum, is to ensure these members fail in a ductile mode (such as flexure) rather than a brittle mode (such as shear). The walls also need to be able to resist loads transmitted by the windows and doors. It is not uncommon, for instance, for bullet-resistant windows to have a higher ultimate capacity than the walls to which they are attached. Beyond ensuring a ductile failure mode, the exterior wall may be designed to resist the actual or reduced pressure levels of the defined threat. Note that special reinforcing and anchors should be provided around blast resistant window and door frames.

Poured-in-place, reinforced concrete will provide the highest level of protection, but solutions like pre-cast concrete, CMU block, and metal stud systems may also be used to achieve lower levels of protection. For pre-cast panels, consider a minimum thickness of five inches exclusive of reveals, with two-way, closely spaced reinforcing bars to increase ductility and reduce the chance of flying concrete fragments. The objective is to reduce the loads transmitted into the connections, which need to be designed to resist the ultimate flexural resistance of the panels. Also, connections into the structure should provide as straight a line of load transmittal as is practical.

For CMU block walls, use eight-inch block walls, fully grouted with vertically centered heavy reinforcing bars and horizontal reinforcement placed at each layer. Connections into the structure should be designed to resist the ultimate lateral capacity of the wall. For infill walls, avoid transferring loads into the columns if they are primary load-carrying elements. The connection details may be very difficult to construct. It will be difficult to have all the blocks fit over the bars near the top, and it will be difficult to provide the required...
lateral restraint at the top connection. A preferred system is to have a continuous exterior CMU wall that laterally bears against the floor system. For increased protection, consider using 12-inch blocks with two layers of vertical reinforcement.

For a metal stud system, use metal studs back-to-back and mechanically attached in order to minimize lateral torsional effects. To catch exterior cladding fragments, attach a wire mesh or steel sheet to the exterior side of the metal stud system. The supports of the wall should be designed to resist the ultimate lateral out-of-plane bending capacity load of the system. Brick veneers and other nonstructural elements attached to the building exterior are to be avoided; if used, they should have strengthened connections to limit flying debris and to improve emergency egress by ensuring exits remain passable.

Window Design

Windows, once the sole responsibility of the architect, become a structural issue when explosive effects are taken into consideration. To mitigate the effects of explosions, windows should first be designed to resist conventional loads, then be checked for explosive load effects and balanced design.

Balanced or capacity design philosophy means that glass is designed to be no stronger than the weakest part of the overall window system, failing at pressure levels that do not exceed those of the frame, anchorage, and supporting wall system. If the glass is stronger than the supporting members, the window is likely to fail with the whole panel entering into the building as a single unit, possibly with the frame, anchorage, and wall attached. This failure mode is considered more hazardous than if the glass fragments were to enter the building, provided the fragments are designed to minimize injuries. By using a damage-limiting approach, the damage sequence and extent of damage can be controlled.

Windows are typically the most vulnerable portion of any building. Though it may be impractical to design all the windows to resist a large scale explosive attack, it is desirable to limit the amount of hazardous glass breakage in order to reduce injuries. Typical annealed glass windows break at low pressure and impulse levels; shards created by broken windows are responsible for many of the injuries incurred during a large-scale explosive attack.

Designing windows to provide protection against the effects of explosions can be effective in reducing the glass laceration injuries in areas that are not directly across from the weapon. For a large-scale vehicular weapon, this pressure range is expected on the sides of surrounding buildings not facing the explosion, or for smaller explosions in which pressures drop more rapidly with distance. Generally, it is not known on which side of the building the attack will occur, so all sides need to be protected. Window protection should be evaluated on a case-by-case basis by a qualified protective design consultant to develop a solution that meets established objectives. Several recommended solutions for the design of the window systems to reduce injuries to building occupants are provided in Figure 6-7.

![Figure 6-7 Safe laminated-glass systems and failure modes](image)

Several approaches can be taken to limit glass laceration injuries. One way is to reduce the number and size of windows. If blast-resistant walls are used, then fewer and/or smaller windows will allow less air blast to enter the building, thus reducing the interior damage and injuries. Specific examples of how to incorporate these ideas into the design of a new building include:

1. limiting the number of windows on the lower floors where the pressures would be higher during an external explosion
2. using an internal atrium design with windows facing inward, not outward
3. using clerestory windows, which are close to the ceiling, above the heads of the occupants
4. angling the windows away from the curb to reduce the pressure levels
Glass curtain-wall, butt-glazed, and Pilkington type systems have been found to perform surprisingly well in recent explosive tests with low explosive loads. In particular, glass curtain wall systems have been shown to accept larger deformations without the glass breaking hazardously, compared to rigidly supported punched window systems. Some design modifications to the connections, details, and member sizes may be required to optimize the performance.

**Glass Design**

Glass is often the weakest part of a building, breaking at low pressures compared to other components, such as floors, walls, or columns. Past incidents have shown glass breakage and associated injuries may extend many thousands of feet in large external explosions. High velocity glass fragments have been shown to be a major contributor to injuries in such incidents. For incidents within downtown city areas, falling glass poses a major hazard to passersby and prolongs post-incident rescue and clean-up efforts by leaving tons of glass debris on the street. At this time, the issue of exterior debris is largely ignored by existing criteria.

As part of the damage-limiting approach, glass failure is not quantified in terms of whether breakage occurs or not, but rather by the hazard it causes to the occupants. Two failure modes that reduce the hazard posed by window glass are:

- Glass that breaks but is retained by the frame; and
- Glass fragments that exit the frame and fall within three to ten feet of the window.

The glass performance conditions are defined based on empirical data from explosive tests performed in a cubical space with a 10-foot dimension (Table 6-1).

<table>
<thead>
<tr>
<th>Performance Condition</th>
<th>Protection Level</th>
<th>Hazard Level</th>
<th>Description of Window Glazing</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Safe</td>
<td>None</td>
<td>Glazing does not break. No visible damage to glazing or frame.</td>
</tr>
<tr>
<td>2</td>
<td>Very High</td>
<td>None</td>
<td>Glazing cracks but is retained by the frame. Dicing or very small fragments near sill or on floor acceptable.</td>
</tr>
<tr>
<td>3a</td>
<td>High</td>
<td>Very Low</td>
<td>Glass cracks. Fragments enter space and land on floor no further than 1 meter (3.3 feet) from window.</td>
</tr>
<tr>
<td>3b</td>
<td>High</td>
<td>Low</td>
<td>Glass cracks. Fragments enter space and land on floor or impact a vertical window panel at a distance of no more than 3 m (10 feet) from the window at a height no greater than 2 feet above the floor.</td>
</tr>
<tr>
<td>4</td>
<td>Medium</td>
<td>Medium</td>
<td>Glass cracks and window system fails catastrophically. Fragments enter space impacting a vertical window panel at a distance of no more than 3 meters (10 feet) from the window at a height greater than 0.6 meters (2 feet) above the floor.</td>
</tr>
<tr>
<td>5</td>
<td>Low</td>
<td>High</td>
<td>Glass cracks and window system fails catastrophically. Fragments enter space impacting a vertical window panel at a distance of no more than 3 meters (10 feet) from the window at a height greater than 2 feet above the floor.</td>
</tr>
</tbody>
</table>

The preferred solution for new construction is to use laminated annealed (i.e., float) glass with structural sealant around the inside perimeter. For insulated units, only the inner pane needs to be laminated. The lamination holds the shards of glass together in explosive events, reducing its ability to cause laceration injuries. The structural sealant helps to hold the pane in the frame for higher loads. Annealed glass is used because it has a breaking strength that is about one-half that of heat-strengthened glass and about one-fourth as strong as tempered glass. Using annealed glass becomes particularly important for buildings with lightweight exterior walls that use, for instance, metal studs, dry wall, and brick façade. Use the thinnest overall glass thickness that is acceptable based on conventional load requirements. Also, it is important to use an interlayer thickness that is 60 mil thick rather than 30 mil thick, as is used in conventional applications. This layup has been shown to perform well in low-pressure regions (i.e., under about 5 psi). If a 60 mil polyvinyl butyral (PVB) layer is used, the tension membrane forces into the framing members need to be considered in design.
To make sure the components supporting the glass are stronger than the glass itself, specify a window breakage strength that is high compared to what is used in conventional design. The breakage strength in window design may be specified as a function of the number of windows expected to break at that load. For instance, in conventional design, it is typical to use a breakage pressure corresponding to eight breaks out of 1000. When a lot of glass breakage is expected, such as for an explosive incident, use a pressure corresponding to 750 breaks out of 1000 to increase confidence that the frame does not fail, too. Glass breakage strength values may be obtained from window manufacturers.

**Mullion Design**

The frame members connecting adjoining windows are referred to as mullions. These members may be designed in two ways. Using a static approach, the breaking strength of the window glass is applied to the mullion; alternatively, a dynamic load can be applied using the peak pressure and impulse values. The static approach may lead to a design that is not practical, because the mullion can become very deep and heavy, driving up the weight and cost of the window system. It also may not be consistent with the overall architectural objectives for the project.

As with frames, it is good engineering practice to limit the number of interlocking parts used for the mullion.

**Frame and Anchorage Design**

Window frames need to retain the glass so the entire pane does not become a single large unit of flying debris. Frames also need to be designed to resist the breaking stress of the window glass.

To retain the glass in the frame, a minimum of a ¼-inch bead of structural sealant (e.g., silicone) should be used around the inner perimeter of the window. The allowable tensile strength should be at least 20 psi. Also, the window bite (i.e., the depth of window captured by the frame) needs to be at least ½ inch. The structural sealant recommendations should be determined on a case-by-case basis. In some applications, the structural sealant may govern the overall design of the window system.

Frame and anchorage design is performed by applying the breaking strength of the window to the frame and the fasteners. In most conventionally designed buildings, the frames will be aluminum. In some applications, steel frames are used. Also, in lobby areas where large panes of glass are used, a larger bite with more structural sealant may be needed.

Inoperable windows are generally recommended for air-blast mitigating designs. However, some operable window designs are conceptually viable. For instance, designs in which the window rotates about a horizontal hinge at the head, or sill, and opens in the outward direction, may perform adequately. In these designs, the window will slam shut in an explosion event. If this type of design is used, the governing design parameter may be the capacity of the hinges and/or hardware.

**Wall Design**

The supporting wall response should be checked using approaches similar to those for frames and mullions. It does not make sense, and is potentially highly hazardous, to have a wall system that is weaker than windows. Remember, the maximum strength of any wall system needs to be at least equal to the window strength. If the walls are unable to accept the loads transmitted by the Mullions, the Mullions may need to be anchored into the structural slabs or spandrel beams. Anchoring into columns is generally discouraged, because it increases the tributary area of lateral load that is transferred into the columns and may cause instability.
The balanced-design approach is particularly challenging in the design of ballistic-resistant and forced-entry-resistant windows, which consist of one or more inches of glass and polycarbonate. These windows easily can become stronger than supporting walls. In these cases, the windows may need to be designed for the design threat air-blast pressure levels under the implicit assumption that balanced-design conditions will not be met for larger loads.

Multi-hazard Considerations
Under normal operating conditions, windows perform several functions:
• They permit light to enter the building.
• They save energy by reducing thermal transmission.
• They make the building quieter by reducing acoustic transmission.

Explosions are one of a number of abnormal loading conditions that the building may undergo. Some of the others are:
• fire
• earthquake
• hurricane
• gunfire, and
• forced entry

When developing a protection strategy for windows to mitigate the effects of a particular explosion threat scenario, it is important to consider how this protection may interfere with some of these other functions or explosion threat scenarios. Some questions that may be worthwhile to consider are:
• If an internal explosion occurs, will the upgraded windows increase smoke inhalation injuries by preventing the smoke from venting through windows that would normally break in an explosion event?
• If a fire occurs, will it be more difficult to break the protected windows to vent the building and gain access to the injured?
• Will a window upgrade that is intended to protect the occupants worsen the hazard to passersby?

Other Openings
Doors, louvers, and other openings in the exterior envelope should be designed so the anchorage into the supporting structure has a lateral capacity greater than that of the element.

There are two general recommendations for doors:
• Doors should open outward so they bear against the jamb during the positive-pressure phase of the air-blast loading.
• Door jambs should be filled with concrete to improve their resistance.

For louvers that provide air to sensitive equipment, some recommendations:
• Provide a baffle in front of the louver so the air blast does not have direct “line-of-sight” access through the louver.
• Provide a grid of steel bars properly anchored into the structure behind the louver to catch any debris generated by the louver or other flying fragments.

Checklist – Building Envelope

Cladding
• Use the thinnest panel thickness that is acceptable for conventional loads.
• Design cladding supports and the supporting structure to resist the ultimate lateral resistance of the panel.
• Design cladding connections to have as direct a load transmission path into the main structure as practical. A good transmission path minimizes shear and torsional response.
• Avoid framing cladding into columns and other primary vertical load-carrying members. Instead, frame into floor diaphragms.

Windows
• Use the thinnest glass section acceptable for conventional loads.
• Design window systems so the frame anchorage and the supporting wall are capable of resisting the breaking pressure of the window glass.
• Use laminated annealed glass (for insulated panels, only the interior pane needs to be laminated).
• Design window frames with a minimum of a ½-inch bite.
• Use a minimum of ¼-inch silicone sealant around the inside glass perimeter, with a minimum tensile strength of 20 psi.
Mechanical and Electrical Systems
In the event of an explosion directed at a high-occupancy building, the primary objective is to protect people by preventing building collapse. The secondary goal is to limit injuries due to flying building debris and the direct effects of air blast entering the building (e.g., impact due to being thrown or lung collapse). Beyond these life-safety concerns, the objective is to facilitate building evacuation and rescue efforts through effective building design. This last objective is the focus of this section. Issues related specifically to chemical, biological, and radiological threats are discussed under a separate section with that heading.

The key concept for providing secure and effective mechanical and electrical systems in buildings is the same as for the other building systems: separation, hardening, and redundancy. Keeping critical mechanical and electrical functions as far from high-threat areas as possible (e.g., lobbies, loading docks, mail rooms, garages, and retail spaces) increases their ability to survive an event. Separation is perhaps the most cost-effective option. Additionally, physical hardening or protection of these systems (including the conduits, pipes, and ducts associated with life-safety systems) provides increased likelihood they will be able to survive the direct effects of the event if they are close enough to potentially be affected. Finally, by providing redundant emergency systems that are adequately separated, there is a greater likelihood that emergency systems will remain operational post-event to assist rescuers in evacuating the building.

Architecturally, enhancements to mechanical and electrical systems will require additional space to accommodate additional equipment. Fortunately, there are many incremental improvements that can be made, requiring only small changes to the design. Additional space can be provided for future enhancements as funds, or the risk, justify implementation.

Structurally, the walls and floor systems adjacent to the areas where critical equipment is located need to be protected by means of hardening. Other areas where hardening is recommended include; primary egress routes, feeders for emergency power distribution, sprinkler system mains and risers, fire alarm system trunk wiring, and ducts used for smoke-control systems.

From an operational security standpoint, it is important to restrict and control access to air-intake louvers, mechanical and electrical rooms, telecommunications spaces and rooftops by means of such measures as; visitor screening, limited elevator stops, closed-circuit television (CCTV), detection, and card access-control systems. Specific recommendations are given below for
1. Emergency egress routes
2. The emergency power system
3. Fuel storage
4. Transformers
5. Ventilation systems
6. The fire control center
7. Emergency elevators
8. The smoke and fire detection and alarm system
9. The sprinkler/standpipe system
10. Smoke control system
11. The communication system

Emergency Egress Routes
To facilitate evacuation, consider these measures.
• Provide positive pressurization of stairwells and vestibules.
• Provide battery packs for lighting fixtures and exit signs.
• Harden walls using reinforced CMU block properly anchored at supports.
• Use non-slip phosphorescent treads.
• Do not cluster egress routes in a single shaft. Separate them as far as possible.
• Use double doors for mass evacuation.
• Do not use glass along primary egress routes or stairwells.

Emergency Power System
An emergency generator provides an alternate source of power, should utility power become unavailable to critical life-safety systems, such as alarm systems, egress lighting fixtures, exit signs, emergency communications systems, smoke-control equipment, and fire pumps.

Emergency generators typically require large louvers to allow for ventilation of the generator while running. Care should be taken to locate the generator so these
louvers are not vulnerable to attack. A remote radiator system could be used to reduce the louver size.

Redundant emergency generator systems, remotely located from each other, enable the supply of emergency power from either of two locations. Consider locating emergency power-distribution feeders in hardened enclosures, or encased in concrete, and configured in redundant routing paths to enhance reliability. Emergency distribution panels and automatic transfer switches should be located in rooms separate from the normal power system (hardened rooms, where possible).

Emergency lighting fixtures and exit signs along the egress path could be provided with integral battery packs, which locate the power source directly at the load, to provide lighting instantly in the event of a utility power outage.

Fuel storage

A non-explosive fuel source, such as diesel fuel, is acceptable for standby use for emergency generators and diesel fire pumps. Fuel tanks should be located away from building access points, in fire-rated, hardened enclosures. Fuel piping within the building should be located in hardened enclosures, and redundant piping systems could be provided to enhance the reliability of the fuel distribution system. Fuel filling stations should be located away from public access points and monitored by the CCTV system.

Transformers

Main power transformer(s) should be located interior to the building if possible, away from locations accessible to the public. For larger buildings, multiple transformers, located remotely from each other, could enhance reliability, should one transformer be damaged by an explosion.

Ventilation Systems

Air-intake locations should be located as high up in the building as is practical to limit access by the general public. Systems that serve public access areas such as mail receiving rooms, loading docks, lobbies, freight elevators/lobbies should be isolated and provided with dedicated air handling systems capable of 100 percent exhaust mode. Tie air intake locations and fan rooms into the security surveillance and alarm system.

Building HVAC systems are typically controlled by a building automation system, which allows for quick response to shut down or selectively control air conditioning systems. This system is coordinated with the smoke-control and fire-alarm systems.

See Chapter 5 on chemical, biological, and radiological protection for more information.

Fire Control Center

A Fire Control Center should be provided to monitor alarms and life safety components, operate smoke-control systems, communicate with occupants, and control the fire-fighting/evacuation process. Consider providing redundant Fire Control Centers remotely located from each other to allow system operation and control from alternate locations. The Fire Control Center should be located near the point of firefighter access to the building. If the control center is adjacent to the lobby, separate it from the lobby by using a corridor or other buffer area. Provide hardened construction for the Fire Control Center.

Emergency Elevators

Elevators are not used as a means of egress from a building in the event of a life-safety emergency event, because conventional elevators are not suitably protected from the penetration of smoke into the elevator shaft. An unwitting passenger could be endangered if an elevator door opened onto a smoke-filled lobby or other area. Firefighters may elect to manually use an elevator for firefighting or rescue operation.

A dedicated elevator, within its own hardened, smoke-proof enclosure, could enhance the firefighting and rescue operation after a blast/fire event. The dedicated elevator should be powered from the emergency generator, fed by conduit/wire that is protected in hardened enclosures. This shaft/lobby assembly should be sealed and positively pressurized to prevent the penetration of smoke into the protected area.
Smoke and Fire Detection and Alarm System

A combination of early-warning smoke detectors, sprinkler-flow switches, manual pull stations, and audible and visual alarms provide quick response and notification of an event. The activation of any device will automatically start the sequence of operation of smoke control, egress, and communication systems to allow occupants to go quickly to a safe area. System designs should include redundancy, such as looped infrastructure wiring and distributed intelligence, such that the severing of the loop will not disable the system. Install a fire-alarm system consisting of distributed intelligent fire alarm panels, connected in a peer-to-peer network, such that each panel can function independently, process alarms and initiate sequences within its respective zone.

Sprinkler/Standpipe System

Sprinklers will automatically suppress fire in the area upon sensing heat. Sprinkler activation will activate the fire alarm system. Standpipes have water available locally in large quantities for use by professional firefighters. Multiple sprinkler and standpipe risers limit the possibility of an event severing all water supplies available to fight a fire.

Redundant water services would increase the reliability of the source for sprinkler protection and fire suppression. Appropriate valving should be provided where services are combined.

Redundant fire pumps could be provided in remote locations. These pumps could rely on different sources; for example, one electric pump supplied from the utility and/or emergency generator and a second diesel fuel source fire pump.

Diverse and separate routing of standpipe and sprinkler risers within hardened areas will enhance the system’s reliability (i.e., reinforced masonry walls at stair shafts containing standpipes).

Smoke-Control Systems

Appropriate smoke-control systems maintain smoke-free paths of egress, for building occupants, by utilizing a series of fans, ductwork, and fire smoke dampers. Stair pressurization systems maintain a clear path of egress for occupants to reach safe areas or to evacuate the building. Smoke control fans should be located higher in a building, rather than at lower floors, to limit exposure/access to external vents. Vestibules at stairways with separate pressurization provide an additional layer of smoke control.

Communication System

A voice communication system facilitates the orderly control of occupants and evacuation of the danger area or the entire building. The system is typically zoned by floor, by stairwell, and by elevator bank for selective communication to building occupants. Emergency communication can be enhanced by providing:

- Extra emergency phones, separate from the telephone system, connected directly to a constantly supervised central station;
- In-building repeater system for police, fire, and EMS (Emergency Medical Services) radios; and
- Redundant or wireless fireman’s communications in building.

Checklist – Mechanical and Electrical Systems

- Place all emergency functions away from high-risk areas, in protected locations with restricted access.
- Provide redundant and separated emergency functions.
- Harden the enclosures around emergency equipment, controls, and wiring and/or provide physical buffer zones.
- For egress routes, provide battery packs for exit signs, use non-slip phosphorescent stair treads, and double doors for mass evacuation.
- Avoid using glass along primary egress routes or stairwells.
- Place emergency functions away from structurally vulnerable areas such as transfer girders.
- Place a transformer interior to building, if possible.
• Provide access to the fire control center from the building exterior.

Summary

At this chapter’s beginning, we examined exterior wall design as a first line of defense against attack. Next, window design was discussed in detail; including glass design, mullion design, frame and anchorage design, and wall design. In the second half of the chapter, we studied mechanical and electrical systems and how their design should be set up to mitigate a terrorist attack.
Chapter Five: Chemical, Biological, And Radiological Protection

Overview

• Introduction
• Air Intakes
• Mechanical Areas
• Return-Air Systems
• Lobbies, Loading Docks, and Mail Sorting Areas
• Zoning of HVAC Systems
• Positive Pressurization
• Airtightness
• Filtration Systems
• Detection Systems
• Emergency Response Using Fire/HVAC Control Center
• Evolving Technologies
• Checklist - Chemical, Biological & Radiological Protective Measures
• Summary

Learning Objectives

• Discuss three types of airborne hazards
• Understand the importance of air intake systems and return air systems and their locations
• Explain vulnerable internal areas where hazards may be brought into a building
• Describe an HVAC system, how to zone an HVAC system and the benefits of using the system
• Understand the importance of a detection system

Introduction

This section discusses three types of air-borne hazards.

1. A large exterior release, originating some distance away from the building (includes delivery by aircraft).
2. A small, localized exterior release at an air intake or other opening in the exterior envelope of the building.
3. A small interior release in a publicly accessible area, a major egress route, or other vulnerable area (e.g., lobby, mail room, delivery receiving).

Like explosive threats, chemical, biological and radiological (CBR) threats may be delivered to the building externally or internally. External, ground-based threats may be released at a standoff distance from the building or delivered directly through an air intake or other opening. Interior threats may be delivered to accessible areas, such as the lobby, mailroom, or loading dock, or they may be released into a secured area, such as a primary egress route. This discussion is limited to air-borne hazards.

There may not be an official or obvious warning prior to a CBR event. While you should always follow any official warnings, the best defense is to be alert to signs of a release occurring near you. The air may be contaminated if you see a suspicious cloud or smoke near ground level, hear an air blast, smell strange odors, see birds or other small animals dying, or hear more than one person complaining of eye, throat or skin irritation or convulsing.

Chemicals will typically cause problems within seconds or minutes after exposure, but they can sometimes have delayed effects that do not appear for hours or days. Symptoms may include blurred or dimmed vision; eye, throat, or skin irritation; difficulty breathing; excess saliva; or nausea.

Biological and some radioactive contaminants typically will take days to weeks before symptoms appear, so listen for official information regarding symptoms.

With radioactive “dirty” bombs, the initial risk is from the explosion. Local responders may advise you to either shelter-in-place or evacuate. After the initial debris falls to the ground, leaving the area and washing will minimize your risk from the radiation.
Buildings provide a limited level of inherent protection against CBR threats. To some extent, the protection level is a function of how airtight the building is; to a greater degree it is a function of the HVAC system’s design and operating parameters.

The objectives of protective building design, as they relate to the CBR threat are: first, to make it difficult for terrorists to successfully execute a CBR attack; and second, to minimize the impact (e.g., life, health, property damage, loss of commerce) of an attack if it does occur.

In order to reduce the likelihood of an attack, use security and design features that limit terrorists’ ability to approach the building and successfully release the CBR contaminant. Some examples are:

- Use security stand-off, accessibility, and screening procedures similar to those identified in the explosive threat mitigation sections of this document.
- Recognize areas around HVAC equipment and other mechanical systems to be vulnerable areas requiring special security considerations.
- Locate outdoor air intakes high above ground level and at inaccessible locations.
- Prevent unauthorized access to all mechanical areas and equipment.
- Avoid the use of ground-level mechanical rooms accessible from outside the building. Where such room placement is unavoidable, doors and air vents leading to these rooms should be treated as vulnerable locations and appropriately secured.
- Treat operable, ground-level windows as a vulnerability and either void their use or provide appropriate security precautions to minimize the vulnerability.
- Interior to the building, minimize public access to HVAC return-air systems.

Further discussion of some of these prevention methods is provided on the following pages.

### Air intakes

Air intakes may be made less accessible by placing them as high as possible on the building exterior, with louvers flush with the exterior (see figure 6-9). All opportunities to reach air intakes through climbing should be eliminated. Ideally, there is a vertical smooth surface from the ground level to the intake louvers, without such features as high shrubbery, low roofs, canopies, or sunshades, as these features can enable climbing and concealment. To prevent opportunities for a weapon to be lobbed into the intake, the intake louver, ideally, should be flush with the wall. Otherwise, a surface sloped at least 45 degrees away from the building and further protected through the use of metal mesh (a.k.a. bird screen) should be used. Finally, CCTV surveillance and enhanced security is recommended at intakes.

In addition to providing protection against an air-borne hazard delivered directly into the building, placing air intakes high above the ground provides protection against ground-based standoff threats, because concentration of the air-borne hazard diminishes somewhat with height. Because air-blast pressure decays with height, elevated air intakes also provide modest protection against explosion threats. Furthermore, many recognized sources of indoor air contaminants (e.g., vehicle exhaust, standing water, lawn chemicals, trash, and rodents) tend to be located near ground level. Thus, elevated air intakes are a recommended general practice for healthy indoor air quality.

In the event a particular air intake does not service an occupied area, it may not be necessary to elevate it above ground level. However, if the unoccupied area is within an otherwise occupied building, the intake should either be elevated, or significant precautions (tightly sealed construction between unoccupied/occupied areas, unoccupied area maintained at negative pressure relative to occupied area) should be put in place to ensure contaminants are unable to penetrate into the occupied area of the building.

![Figure 6-9 Schematic showing recommended location for elevated air-intakes on exterior of building](image)
Mechanical Areas

Another simple measure is to tightly restrict access to building mechanical areas. These areas provide access to equipment and systems (e.g., HVAC, elevator, building exhaust, and communication and control) that could be used or manipulated to assist in a CBR attack. Additional protection may be provided by including these areas in those monitored by electronic security and by eliminating elevator stops at levels that house this equipment. For rooftop mechanical equipment, ways of restricting (or at least monitoring) access to the roof that do not violate fire codes should be pursued.

Return-Air Systems

Similar to the outdoor-air intake, HVAC return-air systems inside the building can be vulnerable to CBR attack. Buildings requiring public access have an increased vulnerability to such an attack. Design approaches that reduce this vulnerability include the use of ducted HVAC returns within public access areas and the careful placement of return-air louvers in secure locations not easily accessed by public occupants.

The second objective is to design with the goal of minimizing the impact of an attack. For many buildings, especially those requiring public access, preventing a determined terrorist from initiating a CBR release will be a significant challenge. Compared to buildings in which campus security and internal access can be strictly controlled, public-access buildings may require a greater emphasis on mitigation. However, even private access facilities can fall victim to an internal CBR release, whether through a security lapse, or perhaps, a delivered product (mail, package, equipment, or food). Examples of design methods to minimize the impact of a CBR attack are listed below.

- Public access routes to the building should be designed to channel pedestrians through points of noticeable security presence.
- The structural and HVAC design should isolate the most vulnerable public areas (entrance lobbies, mail rooms, load/delivery docks) both physically and in terms of potential contaminant migration.
- The HVAC and auxiliary air systems should carefully use positive and negative pressure relationships to influence contaminant migration routes.

Let’s look closer at some of these prevention methods.

Lobbies, Loading Docks, and Mail Sorting Areas

Vulnerable internal areas where airborne hazards may be brought into the building should be strategically located. These include lobbies, loading docks, and mail sorting areas. Where possible, place these functions outside the footprint of the main building. When incorporated into the main building, these areas should be physically separated from other areas by floor-to-roof walls. Additionally, these areas should be maintained under negative pressure, relative to the rest of the building, but at positive-to-neutral pressure relative to the outdoors. To assist in maintaining the desired pressure relationship, necessary openings (doors, windows, etc.) between secure and vulnerable areas should be equipped with sealing windows, doors, and wall openings due to ductwork, utilities, and other penetrations should be sealed. Where entries into vulnerable areas are frequent, the use of airlocks or vestibules may be necessary to maintain the desired pressure differentials.

Ductwork that travels through vulnerable areas should be sealed. Ideally, these areas should have separate air-handling units to isolate the hazard. Alternatively, the conditioned air supply to these areas may come from a central unit, as long as exhaust/return air from these areas is not allowed to mix into other portions of the building. In addition, emergency exhaust fans activated upon internal CBR release within the vulnerable area will help to purge the hazard from the building and minimize its migration into other areas. Care must be taken to be sure the discharge point for the exhaust system is not co-located with expected egress routes. Consideration should also be given to filtering this exhaust with High Efficiency Particulate Air (HEPA) filtration. For entrance lobbies that contain a security screening location, it is recommended that an airlock or vestibule be provided between the secured and unsecured areas.
Zoning of HVAC Systems

Large buildings usually have multiple HVAC (heating, ventilation, air conditioning) zones, each zone with its own air-handling unit and duct system. In practice, these zones are not completely separated if they are on the same floor. Air circulates among zones through plenum returns, hallways, atria, and doorways that are normally left open. Depending upon the HVAC design and operation, airflow between zones on different floors can also occur through the intentional use of shared air return/supply systems and through air migrations via stairs and elevator shafts.

Isolating the separate HVAC zones minimizes the potential spread of an airborne hazard within a building, reducing the number of people potentially exposed if there is an internal release. Zone separation also provides limited benefit against an external release, as it increases internal resistance to air movement produced by wind forces and chimney effect, thus reducing the rate of infiltration. In essence, isolating zones divides the building into separate environments, limiting the effects of a single release to an isolated portion of the building. Isolation of zones requires full-height walls between each zone and the adjacent zones and hallway doors.

Another recommendation is to isolate the return system (i.e., no shared returns). Strategically locate return air grilles in easily observable locations, preferably in areas with reduced public access.

Both centralized and decentralized shutdown capabilities are advantageous. To quickly shut down all HVAC systems at once, in the event of an external threat, a single-switch control is recommended for all air exchange fans (including bathrooms, kitchens, and other exhaust sources). In the event of a localized internal release, redundant decentralized shutdown capability is also recommended. Controls should be placed in a location easily accessed by the facility manager, security, or emergency response personnel. Duplicative and separated control systems will add an increased degree of protection. Further protection may be achieved by placing low-leakage automatic dampers on air intakes and exhaust fans that do not already have back-draft dampers.

Positive Pressurization

Traditional good engineering practice for HVAC design strives to achieve a slight overpressure of 5-12 Pa (.02-inch-.05-inch w.g.) within the building environment, relative to the outdoors. This design practice is intended to reduce uncontrolled infiltration into the building. When combined with effective filtration, this practice will also provide enhanced protection against external releases of CBR aerosols.

Using off-the-shelf technology (e.g., HEPA), manually triggered augmentation systems can be put into place to over-pressure critical zones to intentionally impact routes of contaminant migration, and/or to provide safe havens for sheltering-in-place. For egress routes, positive-pressurization is also recommended (unless, of course, the CBR source is placed within the egress route). Design parameters for such systems will depend upon many factors specific to the building and critical zone in question. Care must be taken that efforts to obtain a desired pressure relationship within one zone will not put occupants in another zone at increased risk. Lastly, the supply air used to pressurize the critical space must be appropriately filtered (see filtration discussion below) or originate from a non-contaminated source in order to be beneficial.

Airtightness

To limit the infiltration of contaminants from outside the building into the building envelope, building construction should be made as airtight as possible. Tight construction practices (weatherization techniques, tightly sealing windows, doors, wall construction, continuous vapor barriers, sealing interface between wall and window/door frames) will also help to maintain the desired pressure relationships between HVAC zones. To ensure the construction of the building has been performed correctly, building commissioning is recommended throughout the construction process, and prior to taking ownership to observe construction practices and to identify potential airflow trouble spots (cracks, seams, joints, and pores in the building envelope and along the lines separating unsecured from secured space), before they are covered with finish materials.
Filtration Systems

To offer effective protection, filtration systems should be specific to the particular contaminant’s physical state and size. Chemical vapor/gas filtration (a.k.a. air cleaning) is currently a very expensive task (high initial and recurring costs) with a limited number of design professionals experienced in its implementation. Specific expertise should be sought if chemical filtration is desired. Possible application of the air cleaning approach to collective protection zones (with emergency activation) can assist in significantly reducing the cost, though protection is limited to the reduced size of the zone.

Most “traditional” HVAC filtration systems focus on aerosol type contaminants. The CBR threats in this category include radioactive “dirty bombs”, bio-aerosols, and some chemical threats. Riot-control agents and low-volatility nerve agents, for example, are generally distributed in aerosol form. However, a vapor component of these chemical agents could pass through a filtration system. HEPA filtration is currently considered adequate by most professionals, to achieve sufficient protection from CBR particulates and aerosols. However, HEPA filtration systems generally have a higher acquisition cost than traditional HVAC filters and they cause larger pressure drops within the HVAC system, resulting in increased energy requirements to maintain the same design airflow rate. Due to recent improvements in filter media development, significant improvements in aerosol filtration can be achieved at relatively minimal increases in initial and operating costs. Also important is that incremental increases in filtration efficiency will generally provide incremental increases in protection from the aerosol contaminant.

In 1999, the American Society of Heating, Refrigeration, and Air Conditioning Engineers (ASHRAE) released Standard 52.2-1999. This standard provides a system for rating filters that quantifies filtration efficiency in different particle size ranges to provide a composite efficiency value, named the Minimum Efficiency Reporting Value (MERV). MERV ratings range between 1 and 20, with a higher MERV indicating a more efficient filter. Using the MERV rating table, a desired filter efficiency may be selected according to the size of the contaminant under consideration. For example, a filter with a MERV of 13 or more will provide a 90% or greater reduction of most CBR aerosols (generally considered to be at least 1-3 um in size or larger) within the filtered air stream with much lower acquisition and maintenance costs than HEPA filtration.

Efficiency of filtration systems is not the only concern. Air can become filtered only if it actually passes through the filter. Thus, filter-rack design, gasketing, and good quality filter sources should all play a role in minimizing bypass around the filter. The use of return-air filtration systems and the strategic location of supply and return systems should also be carefully employed to maximize effective ventilation and filtration rates.

Detection Systems

Beyond the measures discussed above, there is the option of using detection systems as part of the protective design package. In general, affordable, timely, and practical detection systems specific to all CBR agents are not yet available. However, for aerosol contaminants, nonspecific detection equipment can be employed to activate response actions, should a sudden spike in aerosol concentration of a specific size range be detected. If the spike were detected in an outdoor intake, for example, this could trigger possible response options, such as damper closure, system shutdown, bypass to alternate air intake, or rerouting the air through a special bank of filters. Such protective actions could occur until an investigation was performed by trained personnel (i.e., check with adjacent alarms, and review security tape covering outdoor air intake). Unless foul play was discovered, the entire process could be completed within 10 minutes or less, and without alarming occupants. The initial cost of such a system is relatively modest (depending upon the number of detectors and response options incorporated into the design), but the maintenance requirements are relatively high. Similar monitoring systems could be employed to trigger appropriate responses in high-threat areas, such as mailrooms, shipping/receiving areas, or entrance lobbies. The approach could also be expanded to incorporate some of the newer chemical detection technologies, though the low threshold requirements may generate a substantial number of false positives. As technology progresses, detector availability and specificity should continue to expand into the general marketplace.
It is recognized at this time, detection systems are not appropriate for many buildings. Consider using higher-efficiency filtration systems initially, and design HVAC systems so detection systems can be easily integrated into the HVAC control package at a later date.

Emergency Response Using Fire/HVAC Control Center

Certain operations that are managed at the Fire Control Center can play a protective role in the response to a CBR incident. Examples of such operations and how they could be used are given below.

- **Purge fans.** These can be used to purge an interior CBR release or to reduce indoor contaminant concentrations, following building exposure to an external CBR source. (Note: In practice, some jurisdictions may recommend purging for chemical and radiological contaminants but not for biological contaminants, which may be communicable and/or medically treatable.)

- **Communication Systems.** Building communication systems that allow specific instructions to be addressed to occupants in specific zones of the building can play a significant role in directing occupant response to either an internal or external release.

- **Pressurization Fans.** These provide two functions. First, the ability to override and deactivate specific positive-pressure zones may be beneficial in the event a known CBR source is placed into such an area. Second, areas designated for positive pressurization (generally for smoke protection) may also become beneficial havens for protection from internal and external CBR releases, if they are supplied by appropriately filtered air.

- **HVAC Controls.** The ability to simultaneously and individually manipulate operation of all HVAC and exhaust equipment from a single location may be very useful during a CBR event. Individuals empowered to operate such controls must be trained in their use. The provision of simple floor-by-floor schematics showing equipment locations and the locations of supply and return louvers will aid the utility of this control option.

- **Elevator Controls.** Depending upon their design and operation, the ability to recall elevators to the ground floor may assist in reducing contaminant migration during a CBR event.

Evolving Technologies

Many of the challenges relating to CBR terrorism prevention will be facilitated with the introduction of new technologies developed to address this emerging threat. As vendors and products come to market, it is important that the designer evaluate performance claims with a close level of scrutiny. Vendors should be willing to guarantee performance specs in writing, provide proof of testing and show certified results by an independent, reputable lab. The testing conditions (e.g., flow rate, residence time, incoming concentrations) should be consistent with what would be experienced within the owner’s building. For CBR developments, proof of federal government testing and acceptance may be available.

Checklist – Chemical, Biological & Radiological Protective Measures

- Place air intakes servicing occupied areas as high as practicably possible (minimum 12 feet above ground). GSA may require locating at fourth floor or above when applicable.
- Restrict access to critical equipment.
- Isolate separate HVAC zones and return air systems.
- Isolate HVAC supply and return systems in unsecured areas.
- Physically isolate unsecured areas from secured areas.
- Use positive pressurization of primary egress routes, safe havens, and/or other critical areas.
- Commission building throughout construction and prior to taking ownership.
- Provide redundant, easily accessible shutdown capabilities.
- For higher levels of protection, consider using contaminant-specific filtration and detection systems.
- Incorporate fast-acting, low-leaking dampers.
- Filter both return air and outdoor air for publicly accessible buildings.
- Select filter efficiencies based upon contaminant size. Use reputable filter media installed into tight-fitting, gasketed and secure filter racks.

For higher threat areas (mail room, receiving, reception/screening lobby):

- Preferably, locate these areas outside the main building footprint.
• Provide separate HVAC, with isolated returns capable of 100% exhaust.
• Operate these areas at negative pressure relative to secure portion of the building.
• Use airtight construction, vestibules, and air locks if there is high traffic flow.
• Consider installation of an emergency exhaust fan to be activated upon suspected internal CBR release.
• Lock, secure, access-log, and control mechanical rooms.
• In public access areas, use air diffusers and return air grilles that are secure or under security observation.
• Zone the building communication system so it is capable of delivering explicit instructions, and has back-up power.
• Create safe zones using enhanced filtration, tight construction, emergency power, dedicated communication systems, and appropriate supplies (food, water, first aid, and personal-protective equipment).

Summary

In this chapter we were introduced to three types of airborne hazards. Chemical, biological and radiological warfare were discussed in detail. Next, air intakes and HVAC systems were examined. This included how to prevent CBR threats and also how to detect them. Evolving technology was the final topic, as we addressed challenges and new developments in CBR threats.
Overview

- Introduction
- Multi-Family Residential Occupancy
- Commercial Retail Space Occupancy
- Light Industrial Buildings
- Initial Costs
- Life-Cycle Costs
- Setting Priorities
- Summary

Learning Objectives

- Recognize multi-family residential buildings and the types of occupants
- Distinguish the unique features of commercial retail space occupancy and the challenges associated with them
- Understand the two types of initial construction costs
- Describe the setting of priorities if the initial cost of construction is too high

Introduction

The previous chapters focused on the protective design of office buildings, because this occupancy is one that has been of most concern within the public and private sectors to date. The concepts discussed, however, are largely applicable to any type of civilian building serving large numbers of people on a daily basis. This chapter considers the unique challenges associated with three other high-occupancy building types: multi-family residential buildings, commercial retail buildings, and light-industrial buildings. (Protection of schools and hospitals is addressed in other FEMA reports and is not explicitly addressed here.)

The uniqueness of these other occupancy types from the perspective of protective design is a function of many factors, including hours of peak usage, dominant population, size of building, and construction type. For dual-use facilities, such as those that incorporate retail and commercial office uses, two important recommendations for the HVAC are:
- to provide separate HVAC zones; and
- to strictly adhere to isolation principles (that is, to treat any public area as equivalent to an entrance lobby in a single-use building).

Multi-Family Residential Occupancy

Multi-family residential buildings are unique because they tend to house more elderly, handicapped, and children than office buildings, which tend to have more able-bodied occupants within the working age (18-65). Office buildings, of course, can have a certain percentage of less-able-bodied populations, depending on the tenancy (e.g., medical offices, social services, or child care centers), and such populations need to be accounted for in the design of these buildings as well. In any case, the occupancy will have a major effect on evacuation and rescue efforts.

For multi-family residential buildings, it becomes even more imperative that primary egress routes, including hallways leading to stairwells, remain as clear of debris and smoke as possible during the evacuation period. This criterion demands a higher level of protection than has been discussed for office buildings. Here are some recommendations for providing en-
hanced protection to facilitate evacuation and rescue of distressed populations:
• Place hallways in a protected location, away from the building exterior.
• Do not use glass in the hallways used for primary egress.
• Egress routes should lead to exits that are as far as possible from high-risk areas, such as the lobby, mail room, and delivery entrance.
• Create pressurized safe havens in elevator vestibules and stairwells, using tightly constructed, airtight enclosures placed in a protected core area of the building.
• Emergency exits should be easily accessible by emergency vehicles, and spacious enough to accommodate rescue workers entering the building, as well as injured persons exiting the building.
• The side(s) of the building with emergency exits should be free of any canopies, overhanging balconies, or other ornamentation that may fall and block the exits.
• Emergency power should provide sufficient lighting and/or phosphorescence to lead persons safely out of the building.
• Avoid using false ceilings in hallways. These can become falling debris that interferes with evacuation.
• Attach light fixtures to the floor system above to avoid hazardous debris in the exit path and to provide emergency lighting.

Multi-family residential construction is more likely than office building construction to incorporate flat plate/slab or pre-fabricated components, and therefore tends to be more structurally vulnerable. To improve performance, robust connection detailing becomes paramount to ensure the connections are not weaker than the members to which they are attached. Also, balconies are more common in multifamily residential buildings. These present a debris hazard, due to their inherent instability and connection weakness.

Commercial Retail Space Occupancy
Commercial retail space such as malls, movie theaters, hotels, nightclubs, casinos, and other spaces that house large public populations, gathering for shopping or entertainment, have unique features that increase their vulnerability, compared with that of office buildings. Often, these spaces are low-rise buildings that have large interior spaces with high, laterally unsupported walls, long-span roofs, and interior columns spaced relatively far apart. They are generally constructed using lightweight construction and may be prefabricated. This type of construction has little, if any, redundancy, which significantly increases the structural vulnerability.

The primary goal for this type of construction is to prevent progressive collapse of the building in response to a large-scale attack. Where possible, floor-to-floor height and bay spacing should be reduced, and lateral bracing of the columns and roof joists should be provided. Connections should be designed to be at least as strong as the members. Secondary structural framing systems further enhance protection. To limit laceration injuries, lamination of glass is recommended. Consider structural partition walls or shelving units placed within the space that will stop the roof system from falling directly on the occupants, in the event of collapse. If this approach is used, take care that the partitions have sufficient lateral support so that they do not topple over.

In these large spaces, it is virtually impossible to isolate HVAC to protect against CBR-type threats. In this case, negative zone pressurization or smoke-evacuation methods become critically important. Also, mechanical areas should be protected with restricted access and a hardened shell (walls, ceiling and floor). It is also recommended to have centralized redundant control stations easily accessible by appropriate personnel. Consideration should be given to providing additional, clearly marked, easily located egress routes to facilitate mass evacuation. If there are business offices serving these buildings with a sizable workforce, consider relocating these and other mixed-use functions to a separate, offsite location.

Light Industrial Buildings
Light industrial buildings are used throughout the United States for offices, light manufacturing, laboratories, warehouses, and other commercial purposes. Typically, these buildings are low-rise buildings, three to five stories high, often using tilt-up concrete con-
struction. Typically, they are located in industrial or commercial complexes and may have significant setbacks from public streets. They are serviced by surface parking lots or parking structures outside the building. Security may vary widely, depending on the use of the building. For a building used for laboratories or manufacturing, there may already be significant security measures at the perimeter and inside the building. For office buildings, security may be light to negligible.

The main focus of this section is on light industrial buildings that house office space. These are the buildings with potentially high populations and, therefore, life safety is a primary concern. For warehouses and manufacturing plants, the primary objective is more likely to be protection of the contents and processes. For laboratories, the primary objectives are to prevent release or deflagration of hazardous materials, and to protect processes.

Office parks inherently have an open character with medium-to-large setbacks from the street and public parking. In this environment, the most effective way to protect the building from moving vehicle threats is to use landscaping methods between public streets and parking to prevent the intrusion of vehicles. Devices such as ponds, fountains, berms, and ditches can be very effective in reducing the accessibility of the building exterior to high-speed vehicles.

Parking should be placed as far as practical from the building. Driveways leading directly to the building entrance should have a meandering path from the public streets that does not permit high velocities to be achieved. Separation between the driveway and building may be achieved through a number of devices such as a pond with a bridge leading to the entrance, a knee wall with foliage in front, or other landscape features.

The design of parking structures servicing these buildings should fulfill two main objectives in order to prevent explosions in the parking structure from seriously damaging the main office building. The first is to control the lines of sight between the parking structure and the building to limit air-blast effects on the building. One solution is to use a solid wall with a berm and landscape on the side of the parking structure facing the building. Second, design the parking structure to withstand the design level explosion without structural failure, in order to reduce the potential for debris from a parking structure failure to damage the office building. This second objective can be achieved while still allowing the parking structure to sustain significant levels of damage.

For the tilt-up walls, use continuous vertical reinforcement with staggered splices, preferably on both sides of the wall to resist large lateral loads. It may be advantageous to consider designs that permit the wall to bear against floor diaphragms to resist loads. Connections between the walls and structural frame should be able to accept large rebound forces in order to prevent the wall from being pulled off the exterior. Care should be taken to prevent the wall from bearing directly against exterior columns, so as to limit the opportunity for progressive collapse. Using laminated glass on the exterior reduces the potential for laceration injuries. For the roof, a concrete slab, with or without decking, is preferred over a solution using metal decking only.

**Initial Costs**

The initial construction cost of protection has two components: fixed and variable. Fixed costs include such items as security hardware and space requirements. These costs do not depend on the level of an attack; that is, it costs the same to keep a truck away from a building whether the truck contains 500 or 5000 lbs. of TNT. Blast protection, on the other hand, is a variable cost. It depends on the threat level, which is a function of the explosive charge weight and the stand-off distance. Building designers have no control over the amount of explosives used, but are able to define a stand-off distance by providing a secured perimeter.

The optimal stand-off distance is determined by defining the total cost of protection as the sum of the cost of protection (construction cost) and the cost of stand-off (land cost). These two costs are considered as a function of the stand-off for a given explosive charge weight. The cost of protection is assumed to be proportional to the peak pressure at the building envelope, and the cost of land is a function of the square of the stand-off distance. The optimal stand-off is the one that minimizes the sum of these costs.
If additional land is not available to move the secured perimeter farther from the building, the required floor area of the building can be distributed among additional floors. As the number of floors is increased, the footprint decreases, providing an increased stand-off distance. By balancing the increasing cost of the structure (due to the added floors) and the corresponding decrease in protection cost (due to added stand-off), it is possible to find the optimal number of floors to minimize the cost of protection.

These methods for establishing an optimum stand-off distance are generally used for the maximum credible explosive charge. If the cost of protection for this charge weight is not within the budgetary constraints, the design charge weight must be modified. A study can be conducted to determine the largest explosive yield and corresponding level of protection that can be incorporated into the building, given the available budget.

![Figure 8-1](image)

Figure 8-1 Plots showing relationship between cost of upgrading various building components, standoff distance, and risk

Though it is difficult to assign costs to various upgrade measures because they vary based on the site specific design, some generalizations can be made (see Figure 8-1). Here is a list of enhancements arranged in order from least expensive to most expensive:

- Hardening of unsecured areas
- Measures to prevent progressive collapse
- Exterior window and wall enhancements

**Life-Cycle Costs**

Life-cycle costs need to be considered as well. For example, if it is decided that two guarded entrances will be provided, one for the visitors and one for the employees, they may cost more during the life of the building than a single well designed entrance serving everyone. Also, maintenance costs may need to be considered. For instance, the initial costs for a CBR detection system may be modest, but the maintenance costs are high. Finally, if the rentable square footage is reduced as a result of incorporating robustness into the building, this may have a large impact on the life-cycle costs.

**Setting Priorities**

If the costs associated with mitigating man-made hazards are too high, there are three approaches:

1. reduce the design threat
2. increase the building setback
3. accept the risk

In some cases the owner may decide to prioritize enhancements, based on their effectiveness in saving lives and reducing injuries. For instance, measures against progressive collapse are perhaps the most effective actions that can be implemented to save lives, and should be considered above any other upgrades. Laminated glass is perhaps the single most effective measure to reduce extensive non-fatal injuries. If the cost is still considered too great, and the risk is high because of the location or the high-profile nature of the building, the best option may be to consider building an unobtrusive facility in a lower-risk area instead. In some cases – financial institutions with trading floors, for instance – business interruption costs are so high they outweigh all other concerns. In such a case, the most cost-effective solution may be to provide a redundant facility.

Early consideration of man-made hazards will significantly reduce the overall cost of protection and increase the inherent protection level provided to the building. If protection measures are considered as an afterthought, or not considered until the design is nearly complete, the cost is likely to be greater because more areas will need to be structurally hardened.
due to poor planning. An awareness of the threat of manmade hazards from the beginning of a project also helps the team to decide early what the priorities are for the facility. For instance, if extensive teak paneling of interior areas visible from the exterior is desired by the architect for the architectural expression of the building, but the cost exceeds that of protective measures, a decision needs to be made regarding the priorities of the project. Including protective measures as part of the discussion regarding trade-offs early in the design process often helps to clarify such issues.

Ultimately, the willingness to pay the additional cost for protection against man-made hazards is a function of the “probability of regrets” in the event a sizable incident occurs. In some situations, the small probability of an incident may not be compelling enough to institute these design enhancements. Using this type of logic, it is easy to see why it is unlikely they will be instituted in any other than the highest-risk buildings, unless there is a mandated building code or insurance that requires these types of enhancements. This scenario is likely to lead to a selection process in which buildings stratify into two groups: those that incorporate no measures at all or only the most minimal provisions and those that incorporate high levels of protection. It also leads to the conclusion that it may not be appropriate to consider any other than the most minimal measures for most buildings.

Summary

In this chapter we first examined multifamily residential occupancy buildings and their added risks. The major concern in this section was placing egress routes in the most accessible places. Next, commercial retail space and light industrial buildings were discussed, with the primary concern focusing on the safety of the people. Then, initial costs of construction were brought up, and we discussed how to save money by taking measures during construction to mitigate attacks, rather than after construction is complete.
1. Which of the following is the most likely source of a terrorist threat?
   a. Airborne chemicals
   b. Bombings
   c. Biological warfare
   d. Radiological warfare

2. A/an ______ is an extremely rapid release of energy in the form of light, heat, sound, and a shock wave.
   a. Explosion
   b. Force
   c. Bomb
   d. Implosion

3. What are bollards?
   a. Sidewalks
   b. Planters secured into the pavement
   c. A type of fountain
   d. Concrete filled steel pipes

4. Active systems include all of the following except:
   a. Rotating wedge systems
   b. Planters
   c. Crash beams
   d. Crash gates

5. Which method is the preferred approach to preventing progressive collapse?
   a. Specific local resistance
   b. Alternate load path
   c. Indirect
   d. Direct

6. What is typically the most vulnerable portion of any building?
   a. Windows
   b. Exterior walls
   c. Interior walls
   d. Lobby

7. Ductwork that travels through vulnerable areas should be:
   a. Easily accessed
   b. Open
   c. Sealed
   d. Completely closed

8. What is the primary concern of a light industrial building?
   a. Life safety
   b. Progressive collapse
   c. Airborne hazards
   d. Bombings

9. ______ costs include such items as security hardware and space requirements.
   a. Fixed
   b. Variable
   c. Initial
   d. True

10. What are the frame members connecting adjoining windows called?
    a. Ledges
    b. Window panes
    c. Window seals
    d. Mullions